

## Welcome to *Kaleidoscope* Fall 2009!

*“At the height of laughter, the universe is flung into a kaleidoscope of new possibilities.”*

~ Jean Houston



Come join us in the wonderful adventure that is *Kaleidoscope* at Roland Park Country School! As a kaleidoscope provides a unique and new way of forming amazing and interesting patterns with each twist and turn, each season brings a new variety of fascinating *Kaleidoscope* programs for you to enjoy.

Everyone is welcome, whether you are new to the programs or whether you have enjoyed programs in *Kaleidoscope* for the 40 years that Roland Park Country School has been offering these wonderful adventures!

While it is our mission to continue to offer excellent quality programs at the most affordable prices, this semester, we have developed a concept that is sure to please you. We are excited to announce that when you sign up for four on-campus programs in the Fall 2009 semester, you will receive a 10% discount on the fourth program! In addition, all on-campus program registrations received before September 1st will receive a 10% discount on your total cost.

You can register either by using the registration form enclosed with this catalog and on the website, or by simply calling us, at 410-323-5500, ext. 3091 if you prefer to pay with your credit card. We are happy to take registrations by phone.

As the holiday season approaches, please let us know if we can design a *Kaleidoscope* gift certificate for someone special—you can choose a specific program or dollar amount that can be applied to a program of their choice. Our gift certificates never expire.

We look forward to hearing from you and to welcome you to our kaleidoscopic world!

Best regards,

A handwritten signature in black ink that reads "Judy Comotto". The signature is fluid and cursive, with the first name "Judy" being larger and more prominent than the last name "Comotto".

Judy Comotto

*Director of External Programs*

E-mail: [comottoj@rpcs.org](mailto:comottoj@rpcs.org)

**Head of School:**

Jean Waller Brune

**Director of Communication:**

Nancy Mugele

**Director of External Programs:**

Judy Comotto

**Assistant Director of External Programs:** Christy Beers Carey, 1989

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## SPECIAL INTEREST

## SARAH CRANE COHEN VISITING SCHOLAR IN THE HUMANITIES LECTURE

P.M. Forni

One Session

No fee

Thursday, October 15

7:30 pm

Admission is free; reservations are required to ensure ample seating.



P.M. Forni is an award-winning professor at Johns Hopkins University, where he has taught for the past twenty years. He graduated from the University of Pavia in

1974 and received his Ph.D. in Italian at UCLA in 1981. He has written and edited several books on the work of Giovanni Boccaccio (1313-1375). He was a Fellow at Villa I Tatti, The Harvard Center for Renaissance Studies in Florence and is an Honorary Charter Member of the International Association of Protocol Consultants.

In 1997 Dr. Forni co-founded the Johns Hopkins Civility Project. An aggregation of academic and community outreach activities, the JHCP aimed at assessing the significance of civility, manners and politeness in contemporary society. He was also the co-director of *Reassessing Civility: Forms and Values at the End of the Century*, an international symposium which took place at Hopkins in March 1998. He now directs The Civility Initiative at Johns Hopkins.

His book, *Choosing Civility: The Twenty-Five Rules of Considerate Conduct* (2002), has been translated into German and Italian. He contributed to a chapter on ethics and international protocol in the Convention Industry Council International Manual (2005). His article, *The Other Side of Civility*, appeared in the November, 2005 issue of *Johns Hopkins Magazine*. In 2008 he published *The Civility Solution: What to Do when People Are Rude*.

National and foreign publications that have mentioned his work include *The New York Times*, *The Times of London*, *The Washington Post*, *The Wall Street Journal*, *The Los Angeles Times*, and *Forbes Magazine*.

Dr. Forni has appeared on a number of radio and television shows, including the ABC's *World News Tonight*, CBS *Sunday Morning*, Oprah and BBC's *Outlook*.

## About the Sarah Crane Cohen Visiting Scholar in the Humanities Lecture

Through the generosity of the late Charles Crane, a Baltimore businessman and philanthropist, an endowment was established at Roland Park Country School in 1993. This fund was created in loving memory of Mr. Crane's mother, Sarah Crane Cohen, a warm and compassionate woman who possessed a genuine fondness for all people. The Sarah Crane Cohen Visiting Scholar in the Humanities endowment brings a distinguished educator to campus each year.

## BALTIMORE GREEN MAPPING

One Session with Field Trip

\$25

Wednesday, October 14

7:00 - 8:30 pm

Field Trip: Saturday, October 17

12:00 - 2:30 pm

Janet Felsten

How eco-friendly is our city? Can the choices you make in daily life - how to get from place to place, where to shop, learn, relax and have fun, what to consume, when to reuse or recycle - make a difference? Absolutely! Come learn about the international Green Mapmaking® movement and our dynamic local Green Map projects in an informative presentation, then take a guided tour of several green buildings in the city, including Roland Park Country School. Baltimore Green Map will help you find eco-opportunities in your own neighborhood and around our region. Using the international Green Map icons, we map Baltimore's ecological and cultural resources and our city's progress toward becoming a healthy, sustainable urban environment.



Discover. Enjoy. Learn.  
Take Action!

Janet Felsten is the founding director of Baltimore Green Map and serves on the international advisory board of Green Map System. As an urban planner and design educator, she was an Open Society Institute Community Fellow from 1998-2000, and served on the Friends of Maryland's Olmsted Parks & Landscapes Board for many years. She authored FMOPL's North Baltimore Driving Tour. She received her M. Arch. from the University of Texas at Austin and B.S. in environmental design from the Philadelphia College of Art.

**IMMIGRATION: What We All Should Know**

Two Sessions

\$15

Thursdays, October 1 and 8

7:00 – 8:30 pm

*The instructor is generously donating his fee for this program to RPCS.**Adam Edward Rothwell*

U.S. Immigration impacts all Americans. Immigrants come from all walks of life and come here for varied reasons. Some Americans think our country's diversity and reputation as "the melting pot" is one of the main reasons American is great while others do not agree. Do you know how people immigrate legally? This class consists of two sessions. Session One will focus on how immigrants come for personal reasons, while Session Two will primarily focus on how foreign citizens come here through work. You will gain interesting insight into U.S. Immigration and have fun doing it.

**NOTE:** Books will be available for purchase this evening.



*Adam Edward Rothwell has practiced immigration law for the past eight years in Maryland and Washington, D.C. and is both an advocate and*

*author of immigration issues. He has clients in all 50 states and more than 60 countries throughout the world.*

**THE SUPREME COURT**

One Session

\$20

Saturday, October 10

10:00 am – 12:00 pm

*Joel B. Grossman*

This program addresses President Obama's first Supreme Court appointment and what it is likely to mean for the Court in the immediate future. We will also talk about how Supreme Court justices are nominated, confirmed and appointed; and about some proposed constitutional changes such as age limits, term limits and mandatory retirement for Supreme Court justices. Who has been a Justice? Who should be a Supreme Court Justice? An interesting and timely topic!



*Joel Grossman is professor of political science at Johns Hopkins University and adjunct professor of law at the University of Maryland Law School. Before joining*

*the JHU faculty in 1996 he taught for many years at the University of Wisconsin-Madison. He teaches and writes about American constitutional law, the Supreme Court, the American legal system and comparative constitutional law. He has served as department chair at both Wisconsin and Hopkins, as editor of Law & Society Review, and as chair of the Wisconsin Judicial Commission. In 2005 he received the Lifetime Achievement Award of the Law and Courts section of the American Political Science Association, and in 2008 he was co-recipient of the Homewood Campus "Excellence in Teaching" award.*

**PHOTO JOURNEY AROUND THE WORLD**

Three Sessions

\$60

October 27, 28 and 29

7:00 – 8:30 pm

*John Butler*

Travel around the globe without leaving your seat! This remarkable, three-part photo presentation will show you hundreds of stunning pictures of places and people, objects and occurrences, flora and fauna, animals and art, as well as night time and natural splendors from many parts of the world. From the crystal clear aqua blue waters of the Caribbean and Mediterranean seas to the desolate Andes Mountains of South America. From the lights of Paris to the colors of Hong Kong and from the Panama Canal to Prague, you will marvel at the moments and memories captured by the eye of a wandering, seasoned photographer. Register now for these three special evenings, which are sure to stir your imagination and desire for travel. You can leave your passport at home for this whirlwind journey which you are sure to enjoy.

*John Butler is an accomplished photographer and world traveler – 53 countries so far and 29 locations considered "Wonders of the World." You will see many spots profiled in one of his favorite books, 1,000 Places to See Before You Die by Patricia Schultz. John retired from The Black & Decker Corporation after 33 years service in sales and marketing management. During his career,*

he was the “go to” person to plan and execute a variety of business unit and corporate communications projects. He graduated from Virginia Commonwealth University with a B.S. in advertising/public relations. John, his wife and two dogs live in Forest Hill, Maryland.

### THE SILVER LINING

One Session \$20

Monday, October 19

7:00 – 8:30 pm

*The instructor is generously donating his fee for this program to RPCS.*

*Paul Winicki*



A fun and exciting evening with silver expert Paul Winicki. Bring your own silver piece for a specialist inspection, and get a deeper understanding of marks and makers, hallmarks and stamps,

the difference between sterling, silver plate and stainless, proper terminology, styles and eras and clues to identification, patterned ID sources as well as fakes and frauds. It is possible you have some silver treasures hidden in plain sight, right in your own home! Bring your own pieces with you this evening and see what is behind the “cloud.” Paul will bring with him various pieces of Baltimore silver from the Federal period to the 1920s and he will talk about the rich heritage of Baltimore as a silver-producing city.

*Paul M. Winicki is a past parent at RPCS and serves on the Board of Trustees. He recently appeared as an appraiser on PBS’s Antiques Road Show. He is the owner of Radcliffe Jewelers.*

## BOOK TALKS

### JANE AUSTEN: The Writer and Her World

Three Sessions \$150

Wednesdays, September 30, October 7, 14

7:30 – 9:00 pm

*Alice Steinbach*

It is a truth universally acknowledged that Jane Austen remains one of the most loved and enduring writers in the history of the novel. Her six books - *Sense and Sensibility*, *Pride and Prejudice*, *Northanger Abbey*, *Mansfield Park*, *Emma*, and *Persuasion* continue to captivate readers almost 200 years after her death. The author’s popularity transcends the generations

as well: from 12-year-old girls who still fall in love at first reading with Mr. Darcy and Elizabeth Bennett to octogenarians who gain new insights with each return trip to Jane Austen country.

Who was Jane Austen, this woman who claims legions of devoted readers, including the likes of Winston Churchill and Virginia Woolf? Did she mirror her own life and the lives of those around her in the characters she created? Once considered a cipher, her personal life continues to reveal itself in letters written by and to the author. And what continues to attract us to Austen? After all, it was Austen herself who modestly summed up her approach to the novel – a new form of writing in her time – in this way: “Three or four families in a country village is the very thing to work on.”

In this course we shall use two of Austen’s novels to explore her life along with the emotions and issues foremost in the lives of women at that time; *Pride and Prejudice*, published in 1813 and arguably her most loved novel and *Persuasion* published posthumously in 1817 arguably her finest novel. Special scrutiny will be given to the role of women and the importance of marriage as well as the financial plight of the “spinster.” We will also examine the rigid social conduct expected between men and women as defined in the influential—and somewhat troubling “Conduct Manuals” of that era.

And of course much attention will be given to Austen’s superb writing style, one that combines her singular insight into the verities of human nature with sly wit and an unerring sense of social satire.

**NOTE:** Please read *Persuasion* and *Pride and Prejudice* before the first class. Ms. Steinbach’s books (*Without Reservations* and *Educating Alice*) will be available for purchase on the first evening of the program.



*Alice Steinbach started her journalism career in 1981 as a reporter for the Baltimore Sun. In 1985 she was awarded the Pulitzer Prize for Feature Writing and went on to win several other major awards, including the Penney-Missouri Award twice—once for her ground-breaking Postmark Paris series, reported from France. Ms. Steinbach, along with Anna Quindlen and the late Molly Ivins, is one of nine women journalists featured in Women on Deadline: A Collection of America’s Best. For the last two years she has contributed*

monthly book reviews on WYPR, the Baltimore affiliate of NPR. For the last ten years she has been studying the life and work of Jane Austen, taking courses at the University of Exeter, England and Oxford University, England. She has been a guest speaker before the Jane Austen Society of North American and recently was asked by a British publisher to write a review of a forthcoming book titled Jane Austen and Marriage.

**EIFFEL'S TOWER**

One Session \$35

Wednesday, October 14

6:30 - 8:00 pm

Jill Jonnes

When self-made millionaire and engineer Gustave Eiffel won a contest to erect a colossal tower as the spectacular centerpiece of the 1889 *Exposition Universelle*, Parisian tastemakers were outraged. They denounced Eiffel's proposed thousand-foot tower as a "hideous" blot on their historic city, even as fearful residents brought lawsuits and predictions of certain structural calamity. Still, Eiffel pressed on. Author Jill Jonnes tells the story of the tower's construction and history and how the Tower became known to the whole world, and has struck the imagination of every nation. Ms. Jonnes brings to life many of the colorful historical characters who were connected to the building of the Tower, including Colonel William F. Cody (Buffalo Bill) whose wild-west show took Paris by storm, Annie Oakley, Thomas Edison, James McNeil Whistler, the van Gogh brothers, and more.

**NOTE:** Books will be available for purchase this evening.



(Photo by Peggy Fox)

Roland Park author and historian Jill Jonnes has lived all over the world. After graduating from Barnard College and receiving an M.S. from the Columbia Journalism School and a Ph.D. in American history from Johns Hopkins University, she became a freelance writer.

**GREAT BOOKS: Anna Karenina**

Eight Sessions \$175  
 Tuesdays, October 13, 20, 27, November 3, 10, 17,  
 December 1, 8  
 7:30 - 9:00 pm

Judy Pittenger

Leo Tolstoy's great classic novel *Anna Karenina* is a contrapuntal narration of two contrasting stories: the story of Anna's passionate adultery, which leads to her isolation and eventual self-destruction, and the story of Constantine Levin's spiritual journey, which leads to his affirmation of life within the context of family and community. Levin is a thinly disguised portrait of the author himself. The novel's two stories of interior life are set against the great historical background of late 19th century Imperial Russia. Tolstoy confronts issues related to the agrarian and political problems of post-emancipation Russia as well as the controversy about Russia's historical destiny raging between Russia's Westernizers and the Slavophiles. In addition the author confronts universal and timeless issues such as skepticism and the meaning of religious faith, social convention and hypocrisy, passion and reason, existential meaning and mortality. The novel closely mirrors Tolstoy's own spiritual pilgrimage. We will examine the novel in all its dimensions.

**NOTE:** Please purchase the Richard Pevear and Larissa Volokhonsky translation, Penguin Paperback Edition, ISBN #0-14-20002702. For the first class please read part one.

See instructor bio on page 5.

**GREAT BOOKS IN THE AFTERNOON**

**Middlemarch**  
 Eight Sessions \$175  
 Mondays, October 12, 19, 26, November 2, 9, 16,  
 23, 30

4:30 - 6:30 pm

Judy Pittenger

George Eliot's masterpiece, *Middlemarch* is, as described by Eliot herself, "a panoramic view of provincial life." Within a small Midlands village the author explores a complex web of relationships among characters drawn from all levels of society. The novel is a bildungsroman, a coming of age novel about the growth of a young woman from idealistic and egoistic naivete to compassionate and clear-sighted adulthood. It is also a study of flawed but deeply sympathetic characters, some of whom are defeated by their egotism and self-absorption

while others grow to lives of self-understanding, compassion and happiness. The novel examines a number of specifically Victorian issues: relationships and expectations among parents and children; the role of women within the family; relations among social classes, including prejudice, rank and exclusion; the power of money and its ability to enslave; religious expression in Victorian England, including Church and chapel; the Age of Reform in an England on the brink of a great political transformation and individuals' response to social, economic, industrial, political and scientific change and how individuals adapt to or resist change. Eliot weaves a web of character and society in order to deepen our sympathies and understanding of our fellow human beings. This ultimately is the central issue of *Middlemarch*. In examining the novel, we will consider Eliot's aesthetic principles and her writing techniques, as well as her fascinating biography, particularly as it relates to issues raised in the novel.

**NOTE:** Please purchase the Penguin Paperback Edition ISBN-10:0141439548. For the first class please read part one.



*With degrees from Stanford University, Judy Pittenger taught history and literature at RPCS for 22 years. In 1991, she was named by the National Endowment for the Humanities as teacher-scholar of Maryland. She has been teaching literature to adults in Kaleidoscope since 2002 and has also taught for the Iliad Program and Oxford University England.*

### THE LEGENDARY A. AUBREY BODINE

**One Session** \$35  
**Thursday, November 19**  
**7:00 – 8:30 pm**  
*Jennifer B. Bodine*

Pictorialist and newspaper photographer A. Aubrey Bodine lit the pages of the *Baltimore Sun* with his extraordinary talent for 47 years. He left behind a large body of photographs, chronicling nearly every aspect of Maryland life from 1923 to 1970. He showcased every part of Maryland, from the Atlantic seaboard to the rolling farm lands of Western Maryland to the clangor of Baltimore. Bodine's timeless art speaks to the soul. People have always been moved by the warmth and beauty he saw everywhere.

Join us for a very special evening with Jennifer Bodine, daughter and custodian of Mr. Bodine's works. Through a small sampling of the thousands of photographs that Bodine shot through the length of his career from the early 1920s until his death in 1970, we will learn about Mr. Bodine's work, as Jennifer discusses her father's long and productive photographic career.

**NOTE:** Books will be available for purchase this evening.



*RPCS alumna, Jennifer B. Bodine, 1966 holds a B.A. from the University of Maryland, J.D. from University of Baltimore and M.A. from Washington College. She is currently pursuing a M.A. in teaching at Salisbury University. Jennifer has worked as a stained glass artist. She is curator and marketing director of the A. Aubrey Bodine photograph collection.*

### LIFE IS FRIENDS: The Complete Guide to the Lost Art of Connecting in Person

**One Session** \$35  
**Tuesday, September 29**  
**6:30 – 8:00 pm**  
*Jeanne Martinet*

The author contends that we are spending far too much time socializing in the virtual world—IMing, texting, blogging, skyping—and that we have forgotten how to develop real face-to-face friendships. As much as we love our computers, she says, we can't be truly intimate with them. In *Life Is Friends*, Martinet teaches us how easy it is to break this cyber-cycle, to re-engage with "live people" and master the art of making friends. She shows us how to initiate new friendships, when to negotiate boundaries and why "serial socializing" can be such a pleasure. She tells us how important it is to invite friends into our homes; from casual coffee to a cocktail party, sharing an intimate space fosters interesting conversation and bonding. She also provides advice on being a good host as well as good guest, on stress-free entertaining at home, and on handling sticky social situations. *Life Is Friends* motivates us to stop watching and talking about life, and to start living life.

**NOTE:** Books will be available for purchase this evening.



*RPCS alumna, Jeanne Martinet, 1976 is the author of six books, including the acclaimed The Art of Mingling. She has shared her*

*mingling know-how on hundreds of TV and radio shows, including the Today Show, The Early Show, The Bill O'Reilly Show, and NPR's Morning Edition. She lives in New York City. (Photo by Tony Ryan)*

**SPRIT OF PLACE - BALTIMORE'S FAVORITE SPACES: Evening with the Authors**

One Session \$35

Thursday, November 12

7:00 - 8:30 pm

*Sarah Achenbach and Bill McAllen*

*"We shape our buildings, and afterwards our buildings shape us."*

~ Sir Winston Churchill

What's your favorite place or space? It's a pretty straightforward question, asked of 56 Baltimore's celebrities, civic leaders, characters and regular citizens. Our relationships with buildings and places are fraught with emotion and can be as complex as any human relationship. Author Sarah Achenbach and photographer Bill McAllen were surprised at the strong responses and compiled a recently published book that is equal parts fine-art photography book and oral history on the architectural charms of Charm City. This evening will include a panel discussion with a number of guest contributors and we expect a lively, interactive discussion with the audience who will bring their own great Baltimore memories. What place or space tells your story?

**NOTE:** Books will be available for purchase this evening.



*Sarah Achenbach is a Baltimore-based writer whose work frequently appears in Style magazine, Chesapeake Life, several Johns Hopkins periodicals and other regional publications. Currently she is writing a book on a*

*local girls' school. Baltimore native Bill McAllen*

*has been photographing his hometown and other subjects for over two decades. He began his career as a medical photographer for the University of Maryland*



*School of Medicine, and has since worked with*

*many publications and organizations. In addition, he has been the photographer for the Pride of Baltimore II, spent a year capturing the changing seasons at Green Mount Cemetery and currently photographs the comings and goings at the Port of Baltimore.*

CULTURAL ARTS

**LET'S VISIT THE WONDERFUL BIG BAND ERA!**

One Session \$15

Tuesday, October 13

6:30 - 8:00 pm

*Ken Jackson*

Our very special evening takes us to the Big Band era—the 1930s and 1940s—with great music, discussions and selected recordings. Listen to the timeless tunes and talk about what made them great. What a special era in our country's musical history!



*Ken Jackson began his long broadcasting career in 1958 after graduating from Emerson College in Boston where he majored in English and history. His name has been associated with radio in Baltimore since 1962. For 25 years he produced numerous big band dance events which featured, in addition to the world-famous Glenn Miller Orchestra, bands led by Les Brown, Artie Shaw, Harry James, Woody Herman, Ray Anthony, Harry James and Charlie Spivak. Currently, Ken hosts a weekly Big Band Program on WYPR, In the Mood.*

**HISTORY OF BALTIMORE CITY: PART I**

Five Sessions \$100

Mondays, October 12, 19, 26, November 2, 9

7:00 - 9:00 pm

*Wayne Schaumburg*

One of *Kaleidoscope's* perennial favorite presenters, Wayne Schaumburg returns to present the history of Baltimore City. Founded in 1729 to be a tobacco port on the Patapsco River, Baltimore would become a major seaport and industrial center by the Civil War. Join us as we look at the people, places and events responsible for the growth and development of a city whose names have included that nest of pirates on the Chesapeake, the Monumental City, and Mobtown. Through a series of five illustrated lecture-discussions, we will focus on Baltimore's rich history from its beginnings to the end of the Civil War. Topics include *A Tale of*

*Three Towns*, that traces the city's birth and development during the 18th century. *From Boom to Bust* examines the period from 1800-1820 when many a Baltimore fortune was made by fast ships and quick wits. Additional topics include the Industrial Revolution, the city's diverse population, the rise of public squares and parks, and Baltimore's role in the Civil War.



*Wayne Schaumburg is a native Baltimorean who received his B.S. from Towson University, his M.S. from Morgan State University and his M.L.A. from Johns*

*Hopkins University. He taught social studies in the Baltimore City public school system for 39 years, and retired in June 2007. He has been leading tours of Baltimore for many years. He is currently vice president of the Irish Railroad Workers Museum and serves on the Boards of the Baltimore City Historical Society and Baltimore Heritage Society and Friends of the Perry Hall Mansion.*

### BALTIMORE'S STREAM VALLEYS

#### The Olmsted Vision for Parks and Greenways

One Session with Field Trip **\$55**

Wednesday, October 7

7:00 - 8:30 pm

Field Trip: Saturday, October 10

12:30 - 2:00 pm

*Sandy Sparks and Ed Orser*



*Leakin Park Water Wheel*

A hundred years ago Baltimore's civic leaders commissioned the country's most prominent landscape architectural firm, the Olmsted Brothers—sons of noted park designer Frederick Law Olmsted, Sr.—to recommend a comprehensive park plan for the future of the

expanding metropolitan area. The most distinctive element of the plan was the proposal to secure the area's three stream valleys—the Gwynns Falls, the Jones Falls, and Herring Run—as park land, assuring the protection of these natural areas in advance of future development. Today, the plan continues to guide park advocates and planners as they envision ways to promote the greening of the Baltimore urban area and maximize opportunities for outdoor recreation and natural preservation. The Wednesday evening lecture will focus on the overall Olmsted plan and its century-old legacy, and the Saturday tour will explore its relevance for one stream valley, the Gwynns Falls. The walking tour will visit upland and valley portions of the Crimea, the former Thomas Winans estate, which in the 1940s became Leakin Park and today is part of the route of the 15-mile Gwynns Falls Trail.

**NOTE:** Directions to field trip will be distributed on the evening of the program

*Sandy Sparks and Ed Orser are members of the board of the Friends of Maryland's Olmsted Landscape and Parks and have been active in park advocacy in Baltimore. Sandy Sparks, retired non-profit executive director and graphic designer, is a long-time community activist and park advocate, starting with Friends of Wyman Park Dell in 1983. In 1986, Sandy became the founding president of the Friends of Maryland's Olmsted Parks & Landscapes (FMOPL) and then a National Association for Olmsted Parks trustee. She continues to mentor park friends groups and is chair of the Baltimore Alliance for Great Urban Parks, which advocates for sustaining the city parks system. Sandy designs and edits The Charles Villager and FMOPL newsletters. Ed Orser, professor of American Studies at UMBC, was the urban historian on the team which produced the master plan for the Gwynns Falls Trail and is an avid trail and parks advocate. He is the author of The Gwynns Falls: Baltimore Gateway to the Chesapeake Bay (2008,) proceeds from which support the programs of the Gwynns Falls Trail Council. He has published a study of the Olmsted park plans for Baltimore and Seattle and spoke on Urban Parks at the Humane Metropolis conference in Baltimore in June. His earlier book publication, Blockbusting in Baltimore: The Edmondson Village Story, addresses issues of race and housing in the city.*

**DESIGNING MONTICELLO****One Session****\$15****Thursday, October 22****7:00 – 8:00 pm***Sandra Parsons Vicchio*

Thomas Jefferson began work on Monticello in 1768 when he was 25 years old. The house and its grounds were not only his home, but also his passion. In addition to his contributions as author of the Declaration of Independence and founder of the University of Virginia, Jefferson was an avid farmer, horticulturalist, and architect. In 1824 he noted that, “Architecture is my delight and putting up and pulling down one of my favorite amusements.” Jefferson completed his work on Monticello in the early 19th century. During this time, he founded and designed the University of Virginia, which can be seen from his “little mountain.” The University of Virginia’s historic central grounds and Monticello are on the elite World Heritage List, with Monticello as the only residence in the United States to achieve this honor. In 2005, the Baltimore architecture firm, Ayers/Saint/Gross was selected to design the new Monticello Visitor and Smith Education Center to support the Thomas Jefferson Foundation’s dual mission of education and preservation. During this class you will learn about the architectural selection and design processes and gain insight into the architecture of this environmentally sustainable visitor center, which will host an estimated 450,000 guests annually. We encourage you to join us on our day trip to visit Monticello.

**NOTE:** See page 24 for a day trip associated with this program.



*Sandra Parsons Vicchio is a principal with Ayers/Saint/Gross Architects + Planners in Baltimore, where she has practiced architecture for the past 18 years. Museums, libraries and visitor centers are her primary focus. Her local projects include the addition to the Enoch Pratt Free Library Central Building (2005), The Meyerhoff Children’s Garden at the Enoch Pratt Free Library (2000) and the new visitor center for the Nemours Mansion and Gardens in Wilmington, DE (2007). Educated at the University of Virginia, the opportunity to work on a new Visitor and Education Center for Thomas Jefferson’s Monticello was a natural fit for her. Sandra has been a guest speaker at the*

*Baltimore Architecture Foundation, The American Association of Museums, The American Library Association and Johns Hopkins University.*

**HOLLYWOOD SINGS: The Stories Behind Oscar-Nominated Songs, Part I****One Session****\$30****Monday, October 19****6:30 – 8:30 pm***Bill Messenger*

*Over the Rainbow* was deleted from *The Wizard of Oz* three times before, reluctantly, L.B. Mayer allowed it to remain in the score, after which it won the Academy Award. On this special evening, we will discuss ironic and sometimes bizarre stories behind Hollywood’s most memorable songs.



*Bill Messenger studied musical composition on scholarship at the Peabody Conservatory under Louis Cheslock. In 1963 he attended a master class with Nadia Boulanger, the teacher of Aaron Copland. He holds two masters degrees from Johns Hopkins University and has done additional work in musicology at the University of Maryland.*

**IT’S ONLY ROCK ‘N ROLL AND I LIKE IT****Three Sessions****\$90****Mondays, October 5, 12, 19****7:00 – 8:30 pm***Gary Waugh*

What a long, strange trip it’s been! This special program offers a view of the evolution of rock music and its influence on pop culture from the 1950s to today. Popular music creates a two-way influence on popular culture; simultaneously shaping and being shaped by the happenings of its time. By studying the evolution of what became rock ‘n roll, students will gain a new perspective of a unique time in world pop culture focusing mainly on the 1950s through the 1980s.

This course is a multimedia presentation featuring rare recordings and video archival footage. What is unique about the presentation is the inclusion of live music providing an aural insight as to how many of the iconic songs of the era were written and performed.

This is fun, loud, interactive study of the music that changed the world forever—from its birth in the urban streets, the blend with country, the transformation across the pond,

the psychedelic period, country rock, the singer/songwriters, disco, punk and grunge and how we arrived at the melting pot of today.



*Gary Waugh was a journeyman musician playing in clubs before he was old enough to legally be in them. His appreciation for pop and rock music comes from playing it, living it and loving it. Gary came off the road and entered into the business sector of the music industry in 1979. Currently the east coast regional sales manager for a major instrument manufacturer, he continues to play the music that he loves.*

### LATIN AMERICA AND THE UNITED STATES:

#### From James Monroe to Evo Morales

Four Sessions

\$100

Thursdays, October 1, 8, 22, 29

6:00 – 8:30 pm

Ronn Pineo

This series of lectures and discussions will explore the often troubled history between the U.S. and our “distant neighbors” in Latin America. We will look especially at the actions and changing motivations for the United States policy in the region. We will explore the U.S. Mexican War; the U.S. acquisition of the Panama Canal; the age of U.S. military occupation in the early twentieth century; the Cold War era; the Reagan era episodes in Grenada, Nicaragua and El Salvador; Bush, Noreiga and Panama; and the present issues and developments in Columbia and Venezuela.



*Dr. Ronn Pineo is director of Latin American Studies at Towson University, where he has taught for the past 21 years. He has traveled widely in Latin America and is the*

*author of three books, including Ecuador and the United States: Useful Strangers published by the University of Georgia Press.*

### THE MYSTERY OF EDGAR ALLAN POE

One Session with Field Trip

\$85

Thursday, October 8

7:00 – 9:00 pm

Field Trip (and lunch): Saturday, October 10

8:00 am – 4:00 pm

Christopher T. George

Poet and short story writer Edgar Allan Poe (1809-1849,) author of *The Raven*, is famous for his tales of horror and mystery. Yet one of

the most vexing mysteries about him is the exact circumstances of his final days in Baltimore, in October 1849. Historian Christopher T. George, author of an award-winning 1973 article for *Maryland* magazine. *A Poe Tour of Baltimore* discusses the details of Poe’s last days plus his family connections to the city and various theories about his demise. Was Poe, as local tradition maintains, drugged and voted as a “repeater” in an election held in the city? The author’s enemies, including his literary executor, Rufus Griswold, readily accepted the idea that the hardly-abstemious poet had been on a bender. But recent scholars have tended to the view that Poe might have had a serious illness that led to his death. During our tour of Poe-associated locations around the city, we will investigate sites linked to this famous puzzling writer.

**NOTE:** Our school bus will depart RPCS at 8:00 am.



*Christopher T. George is a local historian and tour guide. He is the author of Baltimore Close-Up, Terror on the Chesapeake: The*

*War of 1812 on the Bay, and Scots in Maryland and History of the St. Andrew’s Society of Baltimore, 1806-2006. A poet as well as a published historian and lecturer, Mr. George was born in Liverpool, England and first came to Baltimore in 1995. He is now a U.S. citizen, and has long been interested in the topic of the ethnic groups that help make Baltimore so diverse and interesting a city, as well as the literary and artistic links that make the city so distinctive.*

### NAPOLÉON BONAPARTE: The Man and the Era that Bears his Name

Four Sessions

\$60

Thursdays, October 1, 8, 22, 29

7:00 – 9:00 pm

Bob Mullauer

Napoleon Bonaparte was the greatest soldier of his era and perhaps only surpassed by Alexander the Great in all of military history. Although responsible for implementing a code of law that gave protection of life and property to a vast majority of French citizens, Napoleon also used state sponsored-murder and ordered his soldiers into dozens of bloody battles for nothing more than his own best interests.

The sordid story of his personal life and dysfunctional family might attract higher ratings from today’s television viewers than

the basest reality program or most titillating soap opera. Nevertheless Napoleon Bonaparte left a huge imprint on his world as well as ours. He was, as one of his biographers has called him, 'a great, bad man.'

Let's take a look at the good, the bad, and the ugly of the man as well as the era that bears his name.

*Bob Mullauer currently teaches a variety of military history courses for Anne Arundel Community College and the Community College of Baltimore. He also speaks at military history roundtables. Bob has led and assisted on staff rides for the U.S. Army and conducts Civil War battlefield tours.*

### EXPLORING PARIS: A Photographic Tour of the City of Lights

One Session

\$20

Wednesday, October 14

7:00 - 8:30 pm

*Denny Lynch*

This presentation celebrates the life and beauty of the city that the instructor, as well as people the world over unabashedly adore. During numerous trips, Denny has recorded the striking elegance of Paris with both his camera and his pen and ink drawings. He has had three exhibits of his work in Paris. During this slide-illustrated talk, Denny will take you on a visual tour of some of the famous sites in Paris. You will view lovely parks, monuments, churches, museums and boulevards. In addition, Denny will share with you some of the history, geography and practical information a person should know about this great city. There will also be a discussion about favorite restaurants and hotels. "There is nothing more satisfying to me than to wander through the arrondissements of Paris with my camera. Whether I am walking through the Marais or the Jardin du Luxembourg, I feel at home in Paris. To borrow a phrase from Matisse, "It is a kind of paradise." So don your French beret and join us on this photographic journey of Paris.

**NOTE:** Photographs and drawings of Paris will be available for purchase this evening.



*Denny Lynch has been exploring and photographing Paris for over three decades. Denny's first one-man show in Paris took place in July 2003 at LaMaison*

*D'Ourscamp, which is the headquarters for L'Association pour la Sauvegarde et la Mise en Valeur du Paris Historique. In May 2004, Mr. Lynch held his second exhibition in Paris at the American Library. In March 2008 he mounted his third show at the American Library in Paris. His photographs have become part of the permanent collections of The Museum of the City of New York and the New York Historical Society. The Embassy of Ireland in Washington D.C. allowed Denny to exhibit his photographs of Ireland there in February 2006. He lectures at historical societies, library systems and retirement communities throughout the U.S.*

### UNDERSTANDING AND APPRECIATING AFRICAN ART

Five Sessions

\$250

Saturdays, October 10, 17, 24, 31, November 7

1:00 - 3:00 pm

*Joseph Paul Cassar, Ph.D.*

This class will help you understand and appreciate the hidden meanings behind African Art. The series of talks will focus on the richness and diversity of the African Continent and its peoples and cultures. It will help you to focus on the art produced by different tribes in the form of masks in wood, statues in bronze and carvings in ivory. It also addresses textiles, wall decorations, jewelry, body paint and tattoo making. The course is richly illustrated in the form of a power-point presentation. The images are thought-provoking and invite questions, comments and discussion throughout, in an informal and relaxed manner.

*See Instructor bio on page 12.*

## CREATIVE PURSUITS

### BASIC CLOTHING ALTERATIONS

Four Sessions \$115  
 Thursdays, October 29, November 5, 12, 19  
 7:00 - 9:00 pm

*Janet B. Waters*

This class will help you repair or alter your clothes, and class instruction will include repairs common to skirts, pants, shirts, dresses and jackets. We will learn about replacing zippers, taking in or letting out seams, replacing all types of buttons and repairing a hem or torn seam. You are encouraged to bring clothes that are in need of repairs or alterations.

**NOTE:** List of supplies will be sent to you upon registration

*See Instructor bio next column.*

### CREATE A ONE-OF-A-KIND QUILTED JACKET

Six Sessions \$160  
 Mondays, October 12, 19, 26, November 2, 9, 16  
 7:00 - 9:00 pm

*Janet B. Waters*

Learn to create a special one-of-a-kind quilted jacket similar to the ones seen at fine craft shows. Jackets will be made with six to twelve cotton fabrics. You will learn how to make a pattern with brown craft paper from a commercially bought pattern. Class includes a paper piecing or English foundation piecing demonstration.

**NOTE:** List of supplies will be sent to you upon registration

*See Instructor bio next column.*

### QUILTING FOR BEGINNERS

Six Sessions \$160  
 Saturdays, October 10, 17, 24, 31, November 7, 14  
 2:00 - 4:00 pm

*Janet B. Waters*

Learn the basics of machine piecing and quilting. Four patch and nine patch blocks are explored as well as a few basic appliqué methods. Learning to design block patterns on graph paper will allow you to recreate most block patterns. Small wall hanging or baby quilt will be your finished product.

**NOTE:** List of supplies will be provided upon registration.



*Janet B. Waters grew up in a family filled with creativity. She exhibits and sells her artwork in area galleries, museums and art festivals.*

*She teaches at after school programs, including Bright Starts & Child First Authority, summer camps at Howard County Art Council as well as teaching adults at CCBC. She provides art workshops at Reginald Lewis and Smithsonian National Museums.*

### CLAY WORKSHOP

Six Sessions \$280  
 Materials Fee: \$35  
 Mondays, September 14, October 5, 12, 19, 26,  
 November 2

6:00 - 8:00 pm

*Toby Rivkin*

No experience necessary. Learn the basics of hand building and/or working on the potter's wheel. In these six classes, you will make pieces out of clay, learn how to fire, how to glaze and how to make a glaze. This course allows you to choose which aspect of working with clay is of the most interest to you – and provides the opportunity to pursue it.

**NOTE:** Materials fee is payable to Instructor on the first evening of class.



*Toby Rivkin teaches ceramics and French in the RPCS Upper School. She has studied clay with Cynthia Bringle, Pete Pinnell and Bill Daly and is a current member of the Baltimore Potter's Guild.*

### DESIGN AND TECHNIQUES FOR MAKING BEADED JEWELRY

Four Sessions \$80  
 Materials fee \$10  
 Wednesdays, October 7, 14, 21, 28

7:00 - 9:00 pm

*Jill Allan*

Learn about beads, tools, materials and sources used in making beaded jewelry; how to lengthen or shorten a necklace or bracelet; and how to design your own jewelry. In the first class, you will identify stringing materials, tools, findings and types of bead, learn how to use a crimping tool and other finishing techniques, and determine what supplies you will need to buy. In the second class, you will design a necklace

and a set of simple dangle earrings. The third class will have you learning how to work with multiple-strand necklaces and chandelier earrings. In the final class, you will learn how to “weave” a necklace or bracelet and create loop earrings.

**NOTE:** Materials fee is payable to Instructor on the first evening of class.



*Jill Allan has been teaching beginner and intermediate jewelry-making classes locally for several years and sells her jewelry at local craft shows.*

### THE ART OF DRAWING

Seven Sessions \$300  
 Mondays, October 5, 12, 19, 26, November 2, 9, 16  
 6:30 – 8:30 pm

*Joseph Paul Cassar, Ph.D.*

Whether you are a beginner, an art lover or have experience attending studio classes, these sessions are right for you! You will follow the simple objectives of each lesson, according to your own pace, receive tips, advice and individual attention throughout. The sessions will focus on fundamental drawing principles, cross-hatching technique, blending, texturing and contrasting light and shade effects. Various media will be addressed including but not limited to pencils, chalk and charcoal, conté, pen and ink, ink and wash, chalk pastels and drawing on colored textured paper. Come and learn and have fun as you discover your hidden talent.

**NOTE:** A list of materials will be sent to you upon registration. At the first session, other material needs will be discussed.

*See Instructor bio next column.*

### THE ART OF PAINTING

Seven Sessions \$300  
 Thursdays, September 24, October 1, 8, 22, 29,  
 November 5, 12  
 6:30 - 8:30 pm

*Joseph Paul Cassar, Ph.D.*

It does not matter whether you have painted before. These painting lessons will provide you with the opportunity to experience paint, brushes and color. Each session is individually paced and allows you to explore painting techniques and topics using your favorite

medium. You can work in acrylics, watercolors or oil. You will study issues in composition made up of a few objects of your choice or some provided in class. You will paint fruit, vegetables, flowers and landscape. You will work towards achieving realistic renderings as well as searching for more personal ways of expression. If you wish to explore what you can do with color and find meaning in identifying a personal style, then this class is right for you.

**NOTE:** A list of materials will be sent to you upon registration.



*Joseph Paul Cassar, Ph.D. is a practicing artist, art historian, curator and educator. He studied at the Accademia di Belle Arti, Pietro Vannucci, Perugia,*

*Italy, the Art Academy, Malta (Europe) and at Charles Sturt University in NSW, Australia. He works in various media and exhibits his work regularly in the U.S. and Europe. Dr. Cassar is the author of several books and monographs on modern and contemporary art of the Mediterranean Island of Malta. He has designed online art courses for the New York Times and is currently Adjunct Associate Professor of Maryland University College.*

### GIRLS NIGHT OUT! Hand Painted Glasses

One Session \$50

Materials Fee: \$10  
 Tuesday, November 17  
 6:00 – 8:30 pm

*Brenda Carroll*

The holidays are approaching, what fun it would be to serve special beverages in your own hand-painted wine or martini glasses! Creative artist Brenda Carroll will walk you through every step of the process to creating your own original hand painted masterpieces, personalized in your own special way. You will work on the design and learn to use appropriate medium and brushes to create four wonderful treasures that you will use forever.

**NOTE:** Materials fee is payable to Instructor on the first evening of class.

*See Instructor bio next page.*

**GIRLS NIGHT OUT! Painting and Framing**One Session \$50

Materials Fee: \$25

Tuesday, October 20

6:00 – 8:30 pm

*Brenda Carroll*

Don't know how to paint? No problem. Come and learn simple techniques, side loading, blending of colors, scroll work, preparation of the frame and take home a “master-piece” that very evening! The instructor will walk you through every step of the process and you will have fun at the same time.

**NOTE:** Materials fee is payable to Instructor on the first evening of class.

*Brenda Carroll is the owner and operator of Hanging on a Whim in Hampden. She has been creating art for over 25 years, since she was a child.*

**INTRODUCTION TO PLAYING THE APPALACHIAN FIDDLE**Four Sessions \$100

Instrument Fee: \$25

Wednesdays, October 14, 21, 28, November 11

7:45 – 8:45 pm

*Ken Kolodner*

Appalachian or “old-time” fiddling has enjoyed an enormous revival in the last 10 to 15 years. This fun, hands-on workshop is for total beginners! However, those with violin experience are welcome. You will be introduced to some of the basic bowing and left-hand techniques of playing old-time fiddle. The emphasis will be on learning a few basic bowing techniques that can be applied in most tunes. You will learn to play at least one tune. You will bring rental instruments home with you to practice as desired. No musical background is necessary.

**NOTE:** Materials fee is payable to Instructor on the first evening of class.

*See Instructor bio next column.*

**INTRODUCTION TO PLAYING THE HAMMERED DULCIMER**Four Sessions \$120

Instrument Fee: \$30

Wednesdays, October 14, 21, 28, November 11

6:30 – 7:30 pm

*Ken Kolodner*

The hammered dulcimer is an ancient instrument that has been known in the U.S. for several hundred years. It is often associated

with Celtic and Appalachian music but any type of music may be played on this instrument. The instrument has experienced an enormous resurgence in the last 20 years in the U.S. This hands-on workshop is for total beginners. You will be introduced to some of the essential techniques of playing this beautiful harp-like instrument, and will learn to play at least one tune incorporating a few of the basic playing techniques. You will take your instrument home with you to practice as desired. Absolutely no musical background is necessary. The instructor will also demonstrate a variety of playing techniques.

**NOTE:** Materials fee is payable to Instructor on the first session of the class.



*Ken Kolodner is known internationally as one of the foremost players and teachers of the hammered dulcimer, as well as a highly respected teacher/performer of the old-time fiddle. He is known for his rhythmic and driving style. Ken often has been called the leading player in the revival of the hammered dulcimer, and has toured internationally. He regularly teaches and performs, and has produced nearly 20 recordings, books and instructional material including one of the best-selling hammered dulcimer recordings.*

**MIRROR ART**One Session \$30

Materials fee: \$10

Saturday, October 10

11:00 am – 2:00 pm

*Bob Benson*

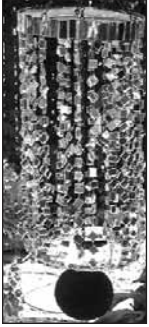
This fun and creative program will demonstrate how to create mirror art. The basics of working with mirrors will be demonstrated, different kinds of mirror art will be displayed, including flashies, oscilla, neckties, and vases. During the session you will create at least one “flashie” of your own. A “flashie” is a string of double-sided mirrors attached to a filament which can be hung either outside in a sunny, breezy place or inside the home in window, to catch the light. All material and equipment will be provided.

**NOTE:** Because of the specialized equipment used, this program will be hosted at the Instructor's studio (not on the RPCS campus.) Directions will be sent upon registration. Materials fee is payable to Instructor on the evening of the class.

*See Instructor bio on page 14.*

**MIRROR ART ADVANCED CLASS**

One Session \$30  
 Materials fee: \$10  
 Saturday, October 24  
 11:00 am – 2:00 pm  
*Bob Benson*



This class is intended for beginners as well as those who have already taken this class. Beginners will work primarily with flashies. Advanced students can make super flashies (very elaborate flashies) an oscillum (these were hung by ancient Greeks and Romans in their courtyards and vineyards to

ensure good luck, health and a plentiful harvest) and jewelry. All material and equipment will be provided.

**NOTE:** Because of the specialized equipment used, this program will be hosted at the Instructor’s studio (not on the RPCS campus.) Directions will be sent upon registration. Materials fee is payable to Instructor on the evening of the class.

*Bob Benson is an experienced visual artist. He presents workshops at the Visionary Art Museum in Baltimore’s Inner Harbor, as well as the Chesapeake Arts Center in Brooklyn Park.*

**NANTUCKET BASKETS 101**

Six Sessions \$125  
 Materials Fee: \$75  
 September 22, 23, 24, 29, 30, October 1  
 6:00 – 9:00 pm  
*Bob Moore*

Nantucket baskets originated in the early 1800s on a light ship marking the shoals off Nantucket Island. It seemed the ocean floor was not strong enough to support a light house, so small ships were used to replace them. The sailors on board these ships had little to do but keep things “ship-shape” and light the lantern at night. As one may imagine, they were bored. Ships coming back from the Orient brought with them the reed and rattan that is used to weave a basket. It was natural for these sailors to take up basket weaving to while away their time and also to earn a bit of pocket change. Early baskets, used in everyday life, were crude compared to the craftsmanship used today. The sailors sold their baskets for around \$1, yet these same baskets are worth

thousands today. Weaving baskets was a lost art until Jose Reyes migrated to Nantucket from the Philippines and made basket weaving a product of the island once again.

You will leave this class with an 8” round Nantucket basket with handle woven using rattan weaver and reed staves. The bases and rims are of assorted woods, just as they were when the sailors were weaving them. In addition to weaving, we will discuss the history of Nantucket and the baskets, talk about literature and ways of continuing to weave.

**NOTE:** Materials fee is payable to Instructor on the first session of the class. All tools will be provided.

*See instructor bio on page 15.*

**NANTUCKET BASKETS 102**

Six Sessions \$125  
 Materials fee: \$75  
 October 20, 21, 22, 27, 28, 29  
 6:00 – 9:00 pm  
*Bob Moore*

You will hone the skills learned in *Nantucket Baskets 101* while weaving three bowls of various sizes. After completion of this class, you should be able to weave Nantucket baskets without supervision. You will be advised of tools, equipment and sources of materials for continued weaving if you are interested in pursuing Nantucket baskets as a hobby. Discussion of history, various techniques and sources of literature and material will continue.

**NOTE:** Prerequisite – *Nantucket Baskets 101*. Materials fee is payable to Instructor on the first session of class. All tools will be provided.

*See instructor bio next column.*

**NANTUCKET BASKETS GUILD**

Two six-session programs for you to choose from \$125  
 Materials fee based on basket selection  
 Program 1: Mondays, September 14, 21, October 5, 19, 26, November 2  
 Program 2: Mondays, November 9, 16, 30, December 7, 14, 21  
 6:00 – 8:30 pm  
*Bob Moore*

The Guild is a group of experienced weavers who will meet one night a week to weave baskets, exchange ideas and share weaving experience. You will select baskets to work on, to include round, oval, next trays and purses, just to name a few. You are encouraged to bring

projects and weaving issues to the Guild for assistance. Discussion will be conducted concerning making molds, rims, bases, handles and special tools to make weaving easier.

**NOTE:** Prerequisite – *Nantucket Baskets 102*. Materials fee is payable to Instructor on the first session of class.



*Bob Moore has been weaving since 1998. He learned the art on Nantucket where he took classes. Bob makes all the molds, bases, rims and handles that are used in the class. He has woven over 200*

*Nantucket baskets, including seven basket nests and purses. Bob also teaches weaving at Maryland Hall for Creative Arts in Annapolis and Kimball Art Center in Park City, Utah. He has entered two juried art shows and been accepted to both. Prior to taking up basket weaving, Bob worked in the military and was owner and engineer of a home inspection company.*

### PERENNIAL PLEASURES

Four Sessions \$30

Mondays, October 5, 12, 19, 26

6:00 – 7:30 pm

*Carrie Engle and Jan Gannon*

Perennial plants come back every year and allow the gardener to plan for color through spring, summer, fall and even winter. Our four sessions will concentrate on planning and planting gardens for sun and shade and provide hints and tips for preparation and maintenance of perennial plants. Deer resistance, attractiveness for butterflies and hummingbirds and appropriate plants for cut flower gardens will also be discussed.

*Jan Gannon has been gardening with perennials for as long as she can remember. She has worked as a perennial specialist at Valley View Farms for 17 years after working five years with a nursery in Carroll County. Carrie Engel started at Valley View Farms in 1972. She is currently the Plant Department Manager at Valley View Farms and appears regularly on gardening segments for WBAL television. Both women have been certified as professional horticulturists with the Maryland Nursery and Landscape Association with a special certification in perennial gardening.*

## PERSONAL DEVELOPMENT

### CREATIVE RELATING

One Session \$75

Wednesday, November 4

6:00 – 9:00 pm

*Bruce Nelson*

This class will show you how to be freer and more imaginative in your daily interactions with yourself and others. Creative Relating provides a different way of engaging in relationships that is open rather than closed, helpful rather than agenda-focused, organic rather than forced. The friendly class atmosphere is designed to follow each other's lead rather than competing for the spotlight, in an environment that is about making the other person shine and give them permission to soar. For anyone looking to shed the need to control and just simply be or for people in a profession that requires adding a little creative juice to their connections.

“Creative Relating is like good jazz, in that what drives the music isn't some impulsive, random banging of notes, but a careful yet spontaneous construction built around chord progressions and melodic lines. A different kind of conversation...both goal-directed and unrehearsed.” *Adapted from The Tao of Improv, Psychotherapy Network, 2009 by Robert Taibbi.*



*Local actor/teacher and Everyman Theatre company member Bruce Nelson is a two-time Helen Hayes Award winning actor.*

### CREATE YOUR LIFE'S SECOND ACT

One Session \$60

Materials fee: \$50

Saturday, October 24

10:00 am – 4:00 pm

*Darlene Cook*

Are you at a stage of life when your work/life style is no longer a fit? Are you ready for a transition? Are you aware of the intangibles in your life – what you can't live without? Are you ready for a new career on your own terms? Longing for work with meaning? Do you really know yourself – or do you know more about your car or landscaping your lawn? Join us and become the world's best expert on you, so you can make your next act your most meaningful.

**NOTE:** Pre-class work, an e-mail address and internet access is required. Please bring a bag lunch with you to the program. Materials fee is payable to Instructor on the day of the program.



*Darlene Cook, C.T.C., is a seasoned career strategist, trained life coach and certified transition coach. She is a former Fortune 100*

*corporate general manager who rewired herself at age 54. Darlene is passionate about showing others how they can find rejuvenation and fulfillment in their "second acts."*

### ESTATE AND TAX CONSIDERATIONS FOR SAME-SEX COUPLES

One Session \$10

Thursday, November 5

6:00 - 7:30 pm

*The instructor is generously donating his fee for this program to RPCS.*

*Hacky Clark*

Will my partner inherit my property when I die? How about inheritance taxes? Will I be allowed to visit my partner in the ICU? These are some of the questions that will be addressed in a discussion of why the formidable bias against same-sex couples currently found in the U.S. and Maryland tax and estate laws makes estate planning crucial for these couples. We will explore how Wills, Power of Attorney, Advance Directives, joint ownership and beneficiary designations can be used to soften this bias.



*Hacky Clark is a 30-year practitioner in the field of estate and tax planning and a long-time member of a same-sex couple himself.*

### GETTING THE LAST WORD: How To Write Your Own Obituary

One Session \$35

Wednesday, October 7

7:00 - 8:30 pm

*Fred Rasmussen*

This program is always very popular! Don't be put off by the seriousness of the subject. Our instructor will entertain you with humorous "tales from the crypt" gathered from 18 years of obit reporting, while explaining what material you need to gather and leave behind when you're summoned aloft or below, for your own

obit! Remember, this will make it easier for your survivors at a stressful time. So come hear about the gentleman from Glen Burnie who was buried with his favorite dog and about the wife who insisted her husband's longtime paramour be listed as a survivor.



*Fred Rasmussen is one of the Baltimore Sun obituary reporters. His fellow staffers call him the Crypt Keeper.*

### HOLISTIC HEALTH FOR ANIMALS: How to let your pet live longer, happier and healthier

Five Sessions \$20 per session

If you take all five, \$20 for the first session and \$15 for each subsequent session

Wednesdays, October 14, 28, November 4, 11, 18

6:00 - 8:00 pm

*Christina Chambreau*

Never give up on the journey of health for you and your animals. Have you wondered if the holistic approach to health you are adopting (organic fresh food, herbs, massage, fewer drugs) could be good for your animal companions? Have your animals been plagued by chronic problems like bad breath, itchy ears or smelly coat? Would you like your animal to live longer and be happier?

Since transitioning from conventional to holistic medicine, veterinarian Dr. Christina Chambreau has seen almost miraculous improvement in the health of many animals. The holistic perspective works as well for animals as for people and can be just as easy.

Session One is an overview (required attendance for subsequent weeks) and will cover the paradigm shift from conventional to holistic thinking, explain why current nutritional and immunization recommendations are harmful to health and explore the various alternatives that you can do yourself or that are available to improve and support the health of your animals.

Session Two focuses on Nutrition. Do you think that processed food are the most nutritious for your family? Learn how to feed your animals the same nutritious food you eat. Session Three: The Vaccination Controversy. Do animals need annual vaccinations? Do they need the five to eight different vaccinations? Do vaccines cause harm and shorten lifespans, and what are the alternatives to vaccinations? Session Four: Homeopathy for Animals.

Understand the power of homeopathy, learn when it is appropriate to use and what other treatments could be used in acute problems, and learn the full potential of homeopathic treatment and where to find homeopathic veterinarians. Session Five: Learn how herbs, vitamins, Reiki, T-Touch, chiropractic, acupuncture, massage and more can be useful in maintaining the health of your animals.

**NOTE:** You may attend just the overview session or the overview session and any of the more detailed sessions.



*Christina Chambeau, DVM, is an internationally known homeopathic veterinarian who graduated from the University of Georgia in 1980. Her commitment is to empower people to heal themselves and their animals*

*in a way that heals the planet. Her practice, teaching all over the continent, Veterinary Advice Line, Awakening the Dreamer Symposia, Forever Green and The Hunger Project all help create a healthy, peaceful world.*

### MIDLIFE INTIMACY AND RELATIONSHIPS

Three Sessions      \$50 individual/per session  
    \$80 as a couple/per session

Thursdays, September 24, October 8, 22

7:00 – 9:00 pm

*Steven Adashek, Susan Stern, Amy Dibos and Kate Bagli*

Do you wish you had more intimacy? That “touching of souls” that partners can experience. Would you like your connection to be more enriching and alive? Do you need help opening lines of communication?

The ever popular and upgraded version of the Intimacy workshop! This year we have expanded to three sessions and added two additional facilitators to enhance your experience. You will get Baltimore’s relationship experts together for three evenings: Life Coach, Susan Stern, and Gynecologist, Steven Adashek will be joined by Amy Dibos and Kate Bagli, L-CSWs who work with couples in their private practice.

We will discuss the emotional and physical needs for intimacy, the physiological changes in both sexes as we age and provide you with new ideas and skills. We will give group presentations, interactive exercises, small group discussions and follow up. A great opportunity for consecutive “date-nights” with your partner

since this conversation will address these issues from male and female perspectives. This will be an event not to be missed – you will laugh, bust old patterns, revive your passion and open lines of communication.



*Dr. Steven Adashek brings 25 years of clinical experience to his private practice in Lutherville, Maryland. The devoted husband and father of two finds time to share his wealth of professional knowledge and passion to patients, colleagues, social causes, and*



*numerous professional associations. RPCS alumna, Susan Stern, 1985, is a certified life coach who assists clients with their personal and professional visions. Susan’s practice, “Live Now” provides the framework for those honestly seeking change or transformation in their lives. Outside of her private practice, she speaks and leads workshops for businesses and organizations. She has a B.A. from Goucher College, and is a certified Life Coach and an active member of ICF (International Coaches Federation). Amy Dibos, LCSW-C and Kate Bagli, LCSW-C have been in private practice in Towson for eight years, specializing in adolescent and adult therapy. Their expertise includes anxiety, depression, life transition, women’s issues, peer and family.*

### MINGLE, MINGLE

One Session

\$45

Wednesday, October 14

7:00 – 9:00 pm

*International School of Protocol*

First impressions really do last a lifetime! Learn how to make a successful entrance and initiate a conversation. Focus will be on appropriate topics for small talk and overcoming “mingle-phobia.” Learn how to create the most effective first impression through proper handshaking, eye contact, introductions and appropriate non-verbal communication. Finally, master the art of a graceful escape. This course is a must-have for anyone who attends business gatherings, cocktail parties, parents’ association meetings, school socials or civic and community events.

*The International School of Protocol is the leader in providing training and consultation services to those who want to enhance their interpersonal skills and personal effectiveness in business and social relationships in today’s global business markets.*

**RETIREMENT COMMUNITIES**

**Unraveling the Confusion**

One Session

\$20

Wednesday, September 30

6:30 - 8:30 pm

*Elizabeth M. O'Connor*

Why all the talk about retirement communities? What are Types A, B and C contracts? This class will help you navigate your way through the Continuing Care Retirement Communities, Life Care Retirement Communities and Fee for Service Communities, services and amenities. Financial expectations, health criteria as well as things to look for in your search will be included. This presentation is geared toward anyone looking at a retirement community, and can also be a great guide for children of seniors who are helping their parents select the best type of community for their needs.



*Elizabeth M. O'Connor graduated from Iona College in 1980 with a B.A. in Gerontology. She is currently pursuing her Masters at UMBC and will receive a*

*Masters in Aging Services through The Erikson School of Aging.*

**TAKE CHARGE OF YOUR MONEY**

**Finance and Investing for Women**

One Session

\$25

Tuesday, October 6

7:00 - 8:30 pm

***The instructors are generously donating their fee for this program to RPCS.***

*Kathy Paal, CFP and Suzanne Thompson*

Do you want to start improving the quality of your financial life right away? This program is a fun and educational seminar designed especially for women. Kathy and Suzanne will arm you with steps to help you in your pursuit of financial security. During the seminar, you will learn how to: put your money where your values are; figure out where you stand financially; discover how to save money; and build financial “baskets” for your retirement, your security and your dreams.



*Kathy Paal, a certified financial planner at Heritage Financial Consultants, provides financial, business and estate planning to individuals and related institutions. She is on the faculty of The Johns Hopkins University,*

*Carey School of Business and is a financial columnist for several publications. Kathy was named one of Maryland's Top 100 Women by The Daily Record in 1997, 2005 and 2007 and received the Bravo Women Business Achievement Award*



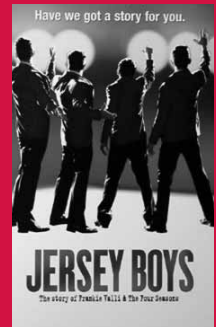
*from Smart CEO Magazine in 2008. Suzanne Thompson has been helping employers develop their group benefits programs since 1985. Working closely with financial planners*

*to meet the needs of individuals and corporations, Suzanne leads the Employee Benefits Division of Heritage Financial Consultants where she is a partner.*

# kaLeidoscop:e

**WELCOME TO OUR TRAVEL SECTION!**

**Choose from an exciting array of options  
including Day Trips and Trips Abroad.  
Come and join the fun!**



## TRAVEL - DAY TRIPS

### EXPLORE A MARYLAND HIDDEN GEM

#### Middle River

Wednesday, September 23

\$76

9:30 am - 4:00 pm

*Escorted by Judy Comotto*

The Chesapeake Bay is America's largest estuary, nearly 200 miles long, and its watershed covers an area of 65,000 utopian square miles with more than 150 rivers and streams barreling into it. The Middle River area is rich in history and beauty, and what better way to become familiar with the area than with a cruise on its waterways. Middle



*Glenn L. Martin Aviation Museum*

River is home to the **Glenn L. Martin Aviation Museum**, as well as **Martin State Airport**, both named after a gentleman who was very instrumental in developing the community. Major revitalization occurred after tropical storm Isabel tore through the area, and the former shore homes that lined the water's edge were replaced with large and elaborate waterfront dwellings. Mother Nature isn't making any more waterfront property, so this area has become a magnet for those of us who find serenity and joy on our remarkable waterways!

Our day begins with a tour of the Glenn L. Martin Aviation Museum where you will see 11 large aircraft, including three that are Martin-built, and learn about the history of the Martin Company in our state. We will enjoy lunch (included in your day) at **Carson's Creekside Restaurant**. We then board our own **water taxi** for a one-hour guided tour of the area by water. We suggest you bring your camera for photos of the magnificent waterfowl, myriad bird and aquatic life which are rich and plentiful in the eastern end of Baltimore County.

**NOTE:** Travel time is 45 minutes. Our schoolbus will depart from the Melrose Avenue parking

lot adjacent to the Church of the Redeemer, 5603 North Charles Street. Estimated return arrival time is dependent upon traffic. No cancellations after September 1.

### MUSEUM OF THE SHENANDOAH VALLEY

Thursday, October 1

\$86

8:00 am - 5:30 pm

*Escorted by Lois Zanow*



*Glen Burnie Historic House*

At a time of year when autumn begins to present her finest colors, join us for a trip to **Winchester, Virginia** to explore the historic property of James Woods and the regional history museum complex. Our day will begin with a docent tour of the galleries, which features displays of rare objects including antiques, paintings and decorative objects that were collected by the family. The house and beautiful gardens can be explored and enjoyed at your leisure. There are six glorious acres of gardens surrounding the house, including everything from intimate garden rooms to a magnificent Grand Allee. Enter another world as you stroll across the expansive lawn and tour the pattern, rose, herb, statue, vegetable, Chinese and perennial gardens. There's even a garden with a tranquil pond filled with golden trout. You'll enjoy the sculptures, the historic family cemetery and a garden pavilion with fountain courtyard. Our day includes Afternoon High Tea, in grand style. Freshly baked scones with Devonshire clotted cream and strawberry jam, assorted finger sandwiches, dessert delicacies and a pot of tea, just for you. Save time to enjoy the delightful gift shop. After that, there will be time on your own to wander until our departure at 3:00 p.m.

**NOTE:** Travel time is two hours. Our motorcoach will depart from Woodbrook Baptist Church, 25 Stevenson Lane. Estimated return arrival time is dependent upon traffic. No cancellations after September 10.

**MADE IN THE SHADE: The Porches of Roland Park**

Friday, October 9 \$86  
 9:30 am - 4:00 pm

*Escorted by Kathy Hudson, 1967 and Louisa Wyskiel*



Ahhh, the porches of Roland Park! The porch was one of the most important “rooms” of the house for many families. On them adults gathered for drinks and summer parties, children sat and swung on the porch swing, completing required summer reading. Porch furnishings then were an eclectic mix of wicker, wrought-iron or Adirondack styles, a few old tables and occasionally a straw rug and a lamp.

Today, some Roland Park porches are more elaborate. Matching furniture fills elegant niches that often feature ceiling fans, outdoor heaters, sound systems and stylish architectural details. One thing hasn’t changed: porches continue to be perfect spots to slow down, catch one’s breath, connect with family members, friends and neighbors and soak up the surrounding natural beauty.

Join us for a unique visit to some of the beautiful porches and outdoor living spaces friends of *Kaleidoscope* have graciously allowed us to share! Many of these porches were featured last year in *Style* magazine. Lunch at a local restaurant is included in your day.

**NOTE:** Travel time: 15 minutes. Our school bus will depart from the Melrose Avenue parking lot adjacent to the Church of the Redeemer, 5603 North Charles Street. Estimated return arrival time is dependent upon traffic. No cancellations after September 15.

**AMERICAN GIRL PLACE or Day On Your Own In New York City**

Show and Lunch (per person) \$136  
 Day on your own (per person) \$76

Saturday, October 10  
 7:30 am - 8:00 pm

*Escorted by Barbara P. Carr, 1966 and Christy Beers Carey, 1989*



All about girls and dolls! Our private motorcoach will drop us near the famous **American Girl Place** in the center of midtown Manhattan — programmed especially for girls age six and up (three girls can be accompanied by one adult) our special day includes a tasty lunch at AGP for you and your doll (included in your day,) time to shop at AGP and also time to explore other extraordinary sights of Manhattan. More than a store, American Girl Place is a magical experience that will not soon be forgotten!

Or, you may opt to enjoy a day on your own, at your leisure—shop, dine, enjoy museums, see a show, walk around town and in Central Park at one of the most beautiful times of the year. See and enjoy all the New York sights and attractions you can fit into one day! We will depart at 5:00 p.m., and we encourage you to purchase your own dinner to enjoy on the trip home.

**NOTE:** Travel time is three hours. Our motorcoach will depart from the Roland Park Country School parking lot. Estimated return arrival time is dependent upon traffic. Little girls must be six years of age or older to participate. No cancellations after September 17.

**CULINARY EXPLORERS: Dining at  
ABACROMBIE Fine Food and Accommodations**

Tuesday, October 13, 2009 \$86  
6:30 - 8:30 pm

*Escorted by Margo Bond Wittich, 1958*



Our annual adventure to an exciting restaurant in Baltimore – **Abacrombie** – with a specially designed menu, uniquely offered to friends of *Kaleidoscope*. Abacrombie offers elegant fine dining in the heart of the Mount Vernon Cultural District. Your evening begins with a reception at the bar, a glass of sparkling wine and a selection of Chef’s amuse. The owner, Jerry Pellegrino and Executive Chef Jesse Sandlin have selected the menu for your wonderful adventure based on ingredients available at local farmers’ markets. Abacrombie supports local farms and agriculture. Throughout the evening, you will have a taste of various wines especially paired with selected presentations of each course. Come see for yourself this world-famous restaurant. “One of the ‘in spots’ for dining in the nation.” – *Bon Appetit* magazine.

The building which houses this special location on Biddle Street was named after Major Biddle, who built the property in 1891. He was a member of a prominent Philadelphia family and a major in the Union Army. In 1978 the subterranean rooms became Society Hill, a restaurant and popular night spot, with a charming interior and piano bar, and the space above the restaurant became Society Hill Inn.

**NOTE:** Participants will meet at Abacrombie Fine Food and Accommodations, 58 West Biddle Street. This event is limited in attendance, so we encourage you to register early. Alcohol is by signature. Parking is either at meters on the street or in the parking garage on Preston and Cathedral. No cancellations after September 20.

**HAMPTON NATIONAL HISTORIC SITE**

Wednesday, October 21 \$76  
9:30 am - 3:00 pm

*Escorted by Judith Brigstocke Hundertmark, 1950*



Visit the country’s largest example of Georgian architecture! A recent \$3.3 million renovation restored the drawing room with the utmost degree of historical accuracy, so that if Eliza Ridgely, mistress of the manse from 1829 to 1867, walked

—swept—in, she would feel right at home! A vast estate preserved from the 1700s, most people know **Hampton Mansion** as a sedate Georgian mansion, elegantly furnished and settled amid gardens and magnificent shade trees in Towson. Built as a country seat just after the Revolutionary War by a prominent Maryland family, the house and its immediate surrounds are just a remnant of the past. When it was finished in 1790, Hampton was the largest private dwelling in the United States. It is the story of a seven generation family business, early American industry and commerce and changing cultural tastes. It is also the story of economic and moral changes that made this kind of estate life obsolete. Take a moment to stand at an upstairs window and look out over the lawns, nearby suburban houses and woodlands. In its heyday, Hampton covered this land and more. General Ridgely’s property equaled half the area of present-day Baltimore, land that made its owners rich through iron production, agriculture and investments. Today, we are able to visit a wealth of artifacts and scenery that recreates a world where a community of hundreds of individuals played out the comedies and dramas of their own lives against the backdrop of America’s development as a nation. **Curator Gregory Weidman** will give us a special tour of the drawing room and parlor, exclusively for friends of *Kaleidoscope*. After our house tour, we will enjoy a late lunch at Christopher Daniel Restaurant (included in your day.)

**NOTE:** Travel time is 30 minutes. Our schoolbus will depart from the Melrose Avenue Parking Lot adjacent to the Church of the Redeemer, 5603 North Charles Street. Estimated return arrival time is dependent upon traffic. No cancellations after September 29.

## MAGNIFICENT MERCER AND FONTHILL MUSEUMS

Wednesday, November 4

\$96

7:30 am – 6:30 pm

*Escorted by Christy Beers Carey, 1989*



*Fonthill Museum*

By 1897, handmade objects were being discarded in favor of the machine-made goods of the Industrial Revolution. Historian and “eccentric archeologist,” Henry Chapman Mercer (1856 – 1930) was a major proponent of the Arts & Crafts Movement in America. He spent much of his life collecting and preserving almost 30,000 handmade items ranging from horse-drawn vehicles to decorative tiles and prints. Our day begins with our arrival at the **Fonthill Museum**. Built in 1908-1912, this 44 room concrete castle was the home of Henry Mercer and was built as a showplace for his collection of tiles and prints. A guided tour of Fonthill’s downstairs rooms will give us ample opportunity to view Mercer’s famed Moravian tiles produced during the American Arts and Crafts Movement. Next we will board our bus for a short ride to the **Moravian Pottery and Tile Works** where handmade tiles are still produced in a manner similar to that developed by the pottery’s founder and builder, Henry Mercer. A self guided tour ends at the Tile Shop where handmade reissues of tiles and mosaics are available for purchase. We’ll then head to the **Mercer Museum**, a six story concrete castle built by Mercer to house his extensive collection of objects from the pre-industrial age. While we enjoy a gourmet box lunch (included in your day) in the Museum’s **Elkins Gallery**, a museum expert will share the history of the galleries 19th and 20th century painting collection. We will take a self guided tour of the Mercer Museum’s 55 exhibit rooms and alcoves displaying the tools or products of early American crafts and trades. There will be time to explore the Mercer Museum gift shop.

**NOTE:** Travel time is three hours. Our motor-coach will depart from the Melrose Avenue Parking Lot adjacent to the Church of the Redeemer, 5603 North Charles Street. Estimated return arrival time is dependent upon traffic. No cancellations after October 12.

## 21ST CENTURY GATEWAY TO MONTICELLO

Thomas Jefferson's Magnificent Home in

Virginia - FAMILY DAY TRIP

Saturday, November 7

\$96

7:30 am – 6:00 pm

*Escorted by Courtney Jones McKeldin, 1958*



For the whole family! When Thomas Jefferson left the presidency 200 years ago, no one needed to build a library or memorial to commemorate him—Jefferson’s mountaintop estate near Charlottesville was his memorial. “I am as happy nowhere else and in no other society, and all my wishes end where I hope my days will end, at Monticello” he wrote in 1787. The \$43 million Thomas Jefferson Visitor Center and Smith Education Center, designed by Ayers/Saint/Gross of Baltimore was dedicated in April 2009 and reflects an ambitious effort to help tell the story of Jefferson’s many roles. Visitors will get a fresh perspective on this unique place and its complex, ever-fascinating owner. Monticello is a National Historic Landmark and the only house in the U.S. designated as a UNESCO World Heritage Site. Besides the house, which dates to about 1770, the 5,000 acres include an ornamental landscape, farm and plantation. The Visitor Center represents the most sweeping change to Monticello since Jefferson walked the grounds. Start by viewing the film, the exhibits and then take the shuttle to the house.

There is a separate exploring area for younger visitors called the Griffin Discovery Room, which offers a chance to touch reproductions of artifacts from the house and plantation, including Jefferson’s alcove bed and 18th century clothes. Save time for the gift shop! We will stop for lunch buffet at the historic Michie Tavern (included in your day.)

This day trip will complement material covered in the one-evening program as described on page 8, although the program is not a prerequisite.

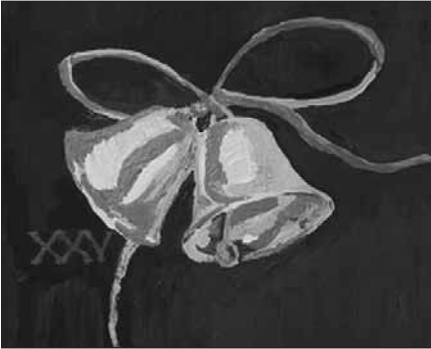


## 27TH ANNUAL ST. ALBANS CHRISTMAS HOUSE TOUR

Friday, December 4  
8:30 am - 5:30 pm

\$96

Escorted by Christy Beers Carey, 1989



*Silver Bells*

A special trip for a very special time of the year. The tour features five spectacular Georgetown homes, wonderful holiday gift boutiques and holiday luncheon at St. Albans School located on the grounds of the National Cathedral in Washington, D.C. Georgetown's rich history is well known, with the village predating the founding of the city of Washington, and containing a rich diversity of architectural styles, many from the late 1700s and early 1800s. Each house has distinctive architectural elements and the stunning interiors vary as well. Leading floral designers will transform each home with unique Christmas and seasonal decorations, and students from both St. Albans and National Cathedral Schools will provide musical accompaniment and Christmas carols. Complimentary shuttle buses to and from St. Albans School for the house tours. You may also choose to stroll through Georgetown to visit each home.

**NOTE:** Travel time is 60 minutes. Our motor-coach will depart from the Melrose Avenue parking lot, 5603 N. Charles Street. Estimated return arrival time is dependent upon traffic. No cancellations after November 14.

## IN PARTNERSHIP WITH *DIVERSIONS*

### RADIO CITY CHRISTMAS SPECTACULAR

Saturday, December 5

\$259

(Good Orchestra Seats)  
11:30 am - 1:00 pm show  
6:30 am Departure



'Tis the season to be in New York to enjoy the Radio City Rockettes with their high kicks and precision choreography in multiple show stopping numbers including the legendary *Parade of the Wooden Soldiers*. Everyone will delight as Santa flies high above the crowd, childhood dreams come true in the *Nutcracker*, and Christmas comes to life with the awe-inspiring *Living Nativity*.

### *HAIR* - THE MUSICAL ON BROADWAY

Saturdays, October 17 and November 14

\$229

(Theater recommends 12 and older.)  
7:00 am Departure



Welcome to the curly, shaggy, gleaming, streaming wonderful world of *HAIR!* Opening on Broadway to rave reviews, it's as big a happening as it was 40 years ago (can it really be that long?) *HAIR* depicts the birth of a cultural movement in the 60s and 70s that changed America forever. It's a celebration of life, a love letter to freedom, and a passionate cry for hope and change. Last summer in Central Park, the sensational cast invited thousands onstage to join the party. Now it's your turn!

**NOTE:** See page 26 for travel details.

**NOTE:** All day trips with Diversions to Broadway depart at the time indicated from the rear parking lot of 7310 Park Heights Avenue, Diversions guides serve a selection of fruit juices and yogurt, marvelous muffins, bagels with assorted cheeses, chocolate-dipped apricots, coffee, tea and more on our way to a very special day in New York City. Magazines are provided for your reading pleasure. En route we hear background information on theater, art, cultural events and restaurants in Manhattan. And, of course, there's bingo or a lottery with great prizes. About 10:30 a.m. our coach stops first at Saks Fifth Avenue, next at 57th and Madison and then the Metropolitan Museum of Art. You are free to enjoy the sights and sounds of this vibrant city, until its time for the matinee. At approximately 5:00 p.m. our coach picks you up at a designated pick up point, and we head for home. En route, we serve an open bar, wine, sodas and the best snacks, followed by a tasty supper prepared by Carnegie Deli.

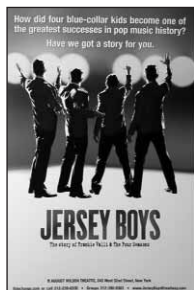
**JERSEY BOYS at the National Theatre in D.C.**

Sunday, November 1

Orchestra seats

\$185

6:00 pm Departure



This 2006 Tony Award winner for Best Musical takes you up the charts across the country and behind the music of Frankie Valli and The Four Seasons. Whether you've seen it once or a dozen times you'll be mesmerized by the electrifying performances of the golden greats! We depart at 6:00 p.m. Enjoy cold drinks and a delicious catered dinner en route while viewing a captivating Behind the Scenes video of the *Jersey Boys*.

**BILLY ELLIOTT**  
THE MUSICAL

**BILLY ELLIOTT - THE MUSICAL on Broadway**  
October 31

Wonderful front mezzanine tickets are available \$279. Call for additional information.

**DEEP IN THE HEART OF HARLEM**

Saturday, November 14

\$299

Depart at 6:15 am and return at 8:30 pm

*The buildings in Harlem are brick and stone  
And the streets are long and wide,  
But Harlem's much more than these alone  
Harlem is what's inside.*

– Langston Hughes



Come on down and discover **Harlem** and its fascinating story. On a two and a half hour tour our expert guide will take you through a rich and diverse Harlem, from the grand townhouses of Striver's Row to the cobblestone streets of Sylvan Terrace. He will highlight famous private residences and landmarks, invite us to taste the fabulous food and regale us with captivating stories that make Harlem so rich in history, tradition and culture. Shhh...If you listen carefully you might still hear the strains of Duke Ellington or Billie Holliday's music as you stroll the streets of Sugar Hill. Maybe catch a glimpse of current residents such as Kareem Abdul-Jabbar, Maya Angelou or the many actors and actresses who now call Harlem home.

We'll enjoy lunch on this fabulous day at Spoonbread, Too a soul-food favorite with everyone from uptown church ladies to savvy New Yorkers.

Then it's on to the Harlem landmark "where stars are born and legends are made," the Apollo Theater to see a brand new, sensational stage production of *Dreamgirls*. Full of onstage joy and backstage drama, *Dreamgirls* tells the rags-to-riches story of a 1960s Motown girl group, and the triumphs and tribulations that come with fame and fortune.

Day includes full Diversions breakfast, Harlem tour, lunch at Spoonbread, Too, Happy Hour and Carnegie Deli dinner and *Dreamgirls* at the Apollo.

## COMING ATTRACTIONS

### PHILADELPHIA FLOWER SHOW

Thursday, March 4, 2010

\$86

*Passport to the World* – a celebration of flowers and plants from around the world! India, Holland, South Africa, Brazil, Singapore, New Zealand!

**NOTE:** A \$25 deposit will hold your place. Balance due by February 1, 2010.

### PICASSO AND THE SCHOOL OF PARIS at Philadelphia Museum of Art

Thursday, March 11, 2010

\$86

Internationally recognized as one of the most innovative and influential artists of the 20th century, Pablo Picasso was at his most ferociously inventive between 1905 and 1945.



*Picasso and the School of Paris* surveys his work during these crucial decades, when he transformed the history of art through his innate virtuosity and creativity. The

exhibition follows the trajectory of Picasso's career from his early experiments with abstraction to his pioneering role in the development of Cubism. The exhibition will also explore the role that the city of Paris played in the history of modern art.

**NOTE:** A \$25 deposit will hold your place. Balance due by February 1, 2010.

## TRAVEL ABROAD

### BERMUDA CRUISE FROM BALTIMORE

Six Days, Five Nights

Saturday, October 17 – Thursday, October 22, 2009

Escorted by Steve and Kim Shramko



Horseshoe Bay

Offered via Royal Caribbean Cruise Line on the *Grandeur of the Seas*. Bermuda is known for its colorful houses, pink sand beaches and wonderful weather. The extraordinarily pleasant climate is warmed by the Gulf stream and the sun's rays, but is free of the relentless heat of the Caribbean. In October, the temperatures range from about 75 to 85 degrees. Take advantage of the international shopping, play a round of golf on one of the world-class courses or just enjoy the natural beauty of the island. Some shore excursions include Caves, Aquarium and Attractions Bus Tour, Wild West Clear Kayak Adventure, deep fishing charters, island fun cruise to the private Hawkins Island, two-stop snorkel adventures, Marquis Horse drawn Carriage Rides, Scenic South Shore highlights by taxi – and more. If you are looking for a quick getaway at sea, this is the perfect choice. A 4:00 p.m. departure on Saturday, cruising on Sunday with a 10:00 a.m. Monday morning arrival in King's Wharf Bermuda All day Monday and Tuesday morning at your leisure on the Island. Depart Tuesday at 3:00 p.m. for a beautiful cruise back home, to arrive at 7:00 a.m. on Thursday.

#### *Cruise Rates (without tax) as follows:*

Category D1 Superior Ocean View with Veranda – Deck 7	\$1,054
Category F Ocean View – Deck 4	\$784
Category H Ocean View – Deck 3	\$724

**Included:** Accommodations in the cabin level of your choice, all meals, nightly entertainment, on board activities. CruiseCare travel insurance is strongly recommended. A valid passport is required. Trip is being coordinated by Roeder Travel.

**Not included:** Activities on the island.

**NOTE:** A \$200 deposit per person will hold your place. Port charges, government taxes and fees are an extra charge of \$215 per person. Balance due by September 1, 2009. Rates are subject to change based on RCCL and fuel surcharge rates. Cancellation schedule is available on request.

### CRADLE OF CIVILIZATION

Depart Baltimore September 10, 2010

Escorted by Courtney Jones McKeldin, 1958



*Brilliance of the Sea*

Join us for a captivating and memorable 12-night Mediterranean Legacies Cruise on board the Royal Caribbean's *Brilliance of the Seas!* We will fly non-stop to **Barcelona**, arriving the morning of the 11th and stay for a night at the charming Hotel Pulitzer. We have an exciting afternoon planned with a tour of the city. We may visit the Picasso Museum, the 500 year old Cathedral of Santa Eulalia, the Magic Fountain, the Palan de la Musica, the Church of the Sacred Family, Guell Park and Las Ramblas, the city's most famous pedestrian avenue filled with outdoor markets, shops and cafes. The next morning, you will have free time in the city before boarding our ship, which sails at 6:00 p.m. on September 12. Our first stop is **Cannes (Monte Carlo)**, France – the French Riviera! Once a small fishing town owned by monks, Cannes is a region rich in history, culture and beauty. Monte Carlo is located in the Principality of Monaco, north of Nice on the Mediterranean Sea, offering a magnificent casino. On to **Livorno (Florence/Pisa) Italy**, in the Tuscan region, ideally located for exploring some of the most historic cities in Italy. Florence is most noted as the



*Sagrada Família (Church of the Sacred Family), Barcelona, Spain*

birthplace of the Renaissance, highlighted with impressive piazzas and an incomparable 15th century skyline, sure to charm you and provide an unforgettable experience. Our next port of call is **Civitavecchia**, gateway to the magnificence of the ancient city of **Rome**. Home to historical, architectural and spiritual sites and once the center of the ancient world from which emperors ruled over nearly all of western civilization for hundreds of years. Gaze upon the very ceilings



*Florence, Italy*

Michelangelo painted at the Sistine Chapel, or visit a monument to both size and faith, St. Peter's Basilica, the largest church in the world. Our next port of call is **Naples/Capri, Italy**, a spectacular city that attracts artists from around the world. From this key spot, you can embark on a trip to the ruins of Pompeii or shop the

many boutiques of Sorrento. You may work up an appetite for one of Naples' greatest cuisines – pizza – invented to honor the Queen of Italy in 1889. Our next adventure takes us to **Venice, Italy** (for two days, from September 18 at 1:30 p.m. to September 19 at 2:00 p.m.) which is composed of 117 islands in the Venetian Lagoon and held together by a series of canals. Venice is like no other city in the world. Established more than 1,000 years ago by seafarers and Roman refugees, this magnificent city continues to be the heart of



*Dubrovnik, Croatia*

Italian culture as well as a mecca for hopeless romantics. We then visit **Dubrovnik, Croatia** which is situated at the edge of the Adriatic Sea and is rich in natural beauty, with bays, beaches, steep cliffs and dense woodland areas. On then to **Corfu, Greece**, known as the “emerald island” because of its lush greenery and breathtaking beauty. Corfu is one of the hidden treasures of the Mediterranean and offers an intense culture and unparalleled coastline which has provided endless inspiration for many artists and literary figures. We then have two glorious days at sea while heading back to Barcelona, where we disembark and head to the airport for our flight home on September 24.

One of the conveniences of a multi-day tour of Europe is that your stateroom moves with you! No packing, no buses to multiple hotels!

*Cruise costs, with tax included, are as follows:*

**Interior Stateroom**

\$1,965 per person double occupancy\*

**Outside Stateroom**

\$2,285 per person double occupancy\*

**Balcony Stateroom**

\$2,965 per person double occupancy\*

\*Barcelona land costs are \$345 per couple for the hotel in Barcelona and the half day tour of the city.

**NOTE:** We expect this cruise will sell out quickly. A \$200 deposit will hold your place, **refundable through September 30, 2009.** Additional \$700 due by October 1, 2009. Balance due by June 1, 2010. Rates do not include airfare. Travel insurance is strongly recommended

**Additional Charges not included current price shown above:**

Any fuel surcharges added by the cruise line.

*Travel coordination by Lee Mark Salawitch, World Travel Service, Inc., 410-415-0330, ext. 101. A non-stop flight is available to Barcelona from Philadelphia.*

## LANGUAGE ADVENTURES

**BEGINNING ARABIC**

Six Sessions \$170  
 Thursdays, September 24, October 1, 8, 22, 29  
 November 5  
 6:30 – 8:30 pm

*Michael Scott*

Atakallamul – arabiyyah...shawayya! This program will enable you to recognize and produce the shapes and sounds of Arabic letters and words and use simple conversational phrases useful for basic communication at the novice level in any Arabic-speaking context. You will acquire reading and writing skills as a foundation for the longer term task of building up an active vocabulary. You will learn the rudiments of the somewhat formal Arabic used by literate/educated persons throughout the Arab world, what is known generally as Modern Standard Arabic (MSA), but you will also gain insight into some of the variants of the more informal spoken Arabic that Arabs everywhere use in daily communication. By the end of the program, you will be able to use culturally appropriate social greetings and expressions and make simple statements about yourself and your family, work and study, leisure time activities and interests— statements that will be welcomed with appreciative delights by Arabic speakers “from the Ocean to the Gulf.”

**NOTE:** Required text – *Alif Baa’ with DVDs Introduction to Arabic Letters and Sounds, Second Edition*, by Brustad, al-Batal, and al-Tonsi, Georgetown University Press, Washington, DC, 2004. We do not recommend purchasing a used copy of this book.

*See Instructor bio next column.*

**BEGINNING ARABIC: CONTINUATION COURSE**

Six Sessions \$170  
 Wednesdays, September 23, 30, October 7, 14,  
 21, 28  
 6:30 – 8:30 pm

*Michael Scott*

*ilal-amam, bil-3arabiyyah!* (translation: Going forward!) This course commences where Beginning Arabic left off, namely with the mastery of the alphabet as written and pronounced in standard Arabic, and familiarity with basic polite greetings and introductions in spoken Arabic. It polishes pronunciation and

develops an active understanding of how the language functions through basic structural building blocks: statements, questions, present tense verbs, narrations in the past, and discussing preferences, sequences, directions, relationships and possessions. The course will continue to explore aspects of Arab world cultures responding to the interests of the participants and making use of locally available media, community resources and the internet.

**NOTE:** Text not required, but preferred. *Al-Kitaab fii Ta3allum al-3Arabiyya with DVDs: A Textbook for Beginning Arabic*, Georgetown, 2004 2nd Edition ISBN 1-8901-104x. We do not recommend purchasing a used copy.



*Michael Scott teaches Arabic in the Upper School at Roland Park Country School.*

**BEGINNING CHINESE**

Nine Sessions \$200  
 Thursdays, September 24, October 1, 8, 22, 29,  
 November 5, 12, 19, December 3  
 6:00 – 7:30 pm

*Eileen Lin*

This is a wonderful opportunity for you to learn this unique language, including PINYIN, and some of the simple Chinese character writing and grammar as well as discussion of the culture and country. During the nine sessions you will learn greetings, numbers, daily activities, shopping and travel vernacular and other topics. You will enjoy this interesting course which will prepare you for future travel plans to China and to help you communicate with international friends.

**NOTE:** Information on required text will be provided at registration.



*Eileen Lin has been with RPCS for 11 years. She teaches Upper School Chinese and Chinese for Little Ones in the RPCS Afterschool Program.*

**BEGINNING ITALIAN**

Six Sessions

\$170

Wednesdays, October 7, 14, 21, 28, November 4, 11

6:30 – 8:30 pm

*Raffaella d'Ecclesia*

By learning the Italian language, you will learn the culture, you will learn about the food and you will listen to the beautiful music. How many times have you been fascinated by all these beautiful things about Italy? How often have you thought to travel to Italy and become immersed in the real Italian culture? You will also learn how to have conversations, get familiar with grammar and vocabulary and be able to interact with native speakers. *Arrivederci a presto!*

*Raffaella d'Ecclesia is a French teacher at Calvert Hall College. She also teaches Italian at the Italian consulate in Baltimore. Raffaella is originally from Rome, where she received her A.A. in modern languages at Rome University. She received her B.A. in liberal arts from Towson University with a major in French.*

**TECHNOLOGY****COMPUTERS FOR THE ABSOLUTE BEGINNER I**Two Two-Session Programs for you  
to choose from:

\$50

Program 1: Monday, October 5 and  
Wednesday, October 7Program 2: Tuesday, October 13 and  
Thursday, October 15

6:00 – 8:00 pm

*Laura Webber*

In this course, we will review the very basics of operating a computer. You will review the parts of the computer with particular emphasis on the essentials of computer use: the mouse, the keyboard, the screen, and the CPU (the computer itself.) We will learn the difference between hardware and software and how to use the most common version of both, such as Microsoft Office applications and printing. We will also review how to get on the Internet, navigate the Web with a browser such as Internet Explorer, and how to send email. If

you've been wanting to get on your computer, but have been too embarrassed to admit how "far behind" you are, then this is the class for you! Each class will also be followed by an open Q&A session for participants, to ask those burning questions, like "what is Facebook" and "how do I open this picture of my grandson that my daughter emailed me?"

*See Instructor bio on page 32.*

**COMPUTERS FOR THE ABSOLUTE BEGINNER II**Two Two-Session Programs for you  
to choose from:

\$50

Program 1: Monday, October 19 and  
Wednesday, October 21Program 2: Tuesday, October 27 and  
Thursday, October 29

6:00 – 8:00 pm

*Laura Webber*

In this course, we will continue our study of how to operate a computer. You will learn how to navigate and manage files on your hard drive, how to install and uninstall a piece of software and how to connect devices to our computers, such as printers, scanners, music players and cameras. We will also review saving and file backup practices, including a discussion of the various types of storage media available. Further exploration of the Internet will be encouraged and you will gain an understanding of Internet safety. This is the class that no beginner should skip, because file management and online safety are crucially important to your growth and happiness as a computer user. Each class will be followed by an open Q&A session for you to ask those burning questions: "should I install this virus protection program I was just emailed about?" The answer is NO!

*See Instructor bio on page 32.*

**DIGITAL MUSIC BASICS**

Two Sessions

\$50

Monday, November 2 and  
Wednesday, November 4

6:00 – 8:00 pm

*Laura Webber*

Did you grow up during the time of the 8-track? The vinyl album? Or even the Victrola? Are you amazed that your kids and grandkids are downloading thousands of songs onto tiny little electronic pods or sticks that have headphones? This class will cover the basics of enjoying and managing digital music. We will review what an iPod is (and other digital music players) how and where to get songs, music file

formats and digital rights, burning your songs to a CD, and how to make digital music and player purchases based on what you need. The instructor taught this class to her mother, a 62-year old woman who now happily enjoys her entire Bee Gees collection strapped to her arm while speedwalking around tiny East Aurora, New York.

*See Instructor bio next column.*

### DIGITAL PHOTO BASICS

Two Sessions \$50  
 Tuesday, November 10 and Thursday, November 12  
 6:00 – 8:00 pm

*Laura Webber*

Most of us grew up with film. We dropped our rolls of film off to be developed and picked them up a few days later. One-hour-photo shops made that process faster. Now, digital photography has revolutionized image making, storing and transmission even further. This course will cover the basics of taking, editing, storing and sending digital images to your friends and family. We will review the types of digital cameras, file formats, image editors as well as taking the shot, getting it from your camera to the computer and sharing it with others. We will also discuss how to scan your old film photographs in order to convert them to digital files so you can preserve your memories forever. The instructor taught this course to her mother, a 62-year old woman who now happily spends her evenings digitizing photographs of her 1961 Jefferson Junior High School formal and posting them on Facebook.

*See Instructor bio next column.*

### TO WEB OR NOT TO WEB...That is the Question

One Session \$25  
 Monday, November 16  
 6:00 – 8:00 pm

*Laura Webber*

Do you need a website? If you're starting a business now or in the future – even a solo, home based business – the answer is a definitive yes. But how do you get started with getting a website for yourself or your small company? You may be asking yourself, Can I do this myself? Or should I hire a designer? In this one-evening program, we will review what a website is, why you should have one, and how to decide what kind of website is right for you. A blog? A content-management system? A site with a shopping cart? We will also discuss inexpensive ways you can get the job done

yourself and/or what to look for when hiring someone else to do the job. Buzzwords like “search engine optimization” and design terms like HTML, CSS, flash, and javascript will be discussed. This is the perfect program to attend if you have very little knowledge of web technologies, but know you'd like to learn enough to make wise decisions for yourself and/or your business.

*See Instructor bio below.*

### HOW TO BUY A COMPUTER

One Session \$25  
 Tuesday, November 17  
 6:00 – 8:00 pm

*Laura Webber*

Just in time for the holidays...a completely unbiased seminar on what to look for in a computer, where you can get the best deals and good places to find user reviews of various models. If you're tired of the store sales rep talking you into something you don't need just to get a commission, but want to know more about what's out there and what you can and should spend your money on, this is the program for you.

*See Instructor bio below.*

### GET EVERYTHING DONE WITHOUT SPENDING A DIME: A Guide to Free Tools on the Internet

One Session \$25  
 Wednesday, November 18  
 6:00 – 8:00 pm

*Laura Webber*

Did you know you don't need to buy expensive office suites and graphics software packages to get quality work done on your computer? This seminar will introduce you to FREE software tools on the Internet that you can use for word processing, spreadsheets, presentations, image and video editing...even 3D architectural sketching! Before you spend any money on that next software package, attend this program first!



*Laura Webber is the Upper School technology coordinator and computer science teacher at RPCS. She is also the site director for iD Tech's summer camp at Towson University and the owner of Chickenbottom Productions, a small web development and training firm dedicated to helping the "little guy."*

**THE DIGITAL DARKROOM**

Five Sessions with Field Trip \$265  
 Tuesdays, October 13, 20, 27, November 3, 10  
 6:30 – 8:30 pm

Field practice: Saturday, October 17  
 10:00 am – 12:30 pm

Baltimore Conservatory and Botanic Gardens  
*Irene Hinke-Sacilotto*

If you own a digital camera but wish to edit your images so you can email them to friends, post photos on the internet or generate prints for display, then this class is for you. In the digital darkroom you will learn how to manipulate and optimize digital images using Adobe Photoshop Elements software. Instruction covers uploading photos to the computer and cataloging, tagging and ranking images for easy retrieval. Once images are loaded to the organizer, you will learn how to sharpen them, adjust exposure, resize files, remove distractions, add special effects, enhance colors, alter contrast, add text, and more. Also discussed will be the application of selections, adjustment layers and masks for additional control of the final image. This class includes an opportunity to practice camera skills at one of Baltimore's finest botanical sites, Baltimore Conservatory and Botanic Gardens. Located within Druid Hill Park, this grand Victorian-era glass building is a horticultural showcase which will provide a perfect setting where you can ask questions about your individual cameras and interact one-on-one with the instructor.

**NOTE:** Bring to class your digital camera, manual, fresh batteries and memory card (compact flash, SD, XD or storage media compatible with your camera.) A card reader with USB connector is imperative to transfer your images to the school computer. A flash/thumb drive is recommended for backing up images edited in class and copying them to your home computer. Students should be familiar with rudimentary PC and digital camera operation. Cost of entry to field trip is paid by the student on the day of the field trip.

*See Instructor bio next column.*

**UNDERSTANDING DIGITAL PHOTOGRAPHY**

Four Sessions with Field Trip \$225  
 Mondays, November 2, 9, 16, 23  
 6:30 – 8:30 pm

Field practice: Saturday, November 14  
 10:00 am – 12:30 pm

Baltimore Conservatory and Botanic Gardens  
*Irene Hinke-Sacilotto*

Whether you already own a digital camera or are planning to purchase one, this class is designed to help you understand how digital cameras operate, how they differ from their traditional film counterparts and how to optimize their use. Terms such as resolution, pixels, compression, CCD, white-balance, ISO, histograms and meta data will be discussed. You will gain an appreciation for various storage media, file formats, power sources, monitors, auto-focus features and menu options. New innovations such as image stabilization, electronic viewfinders and touch screen menus will also be considered. To help images better match expectations, the class will review basic photographic principles, such as metering, aperture and shutter-speed settings, depth of field, focal length and filter selection, lighting and composition. The class will conclude with a discussion of the basic principles for sizing images for web use, e-mail transmissions and printing, with a brief overview of image processing. Our field experience will be at the magnificent Baltimore Conservatory and Botanic Gardens.

**NOTE:** Bring to class camera manual, digital camera, freshly charged batteries, storage media (memory card) and card reader with UBS connector. Cost of entry to field trip is paid by the student on the day of the field trip.



*Photo tips are based on Irene Hinke-Sacilotto's more than 25 years of personal experience in the field, photographing in locations that vary from the sultry Louisiana bayous to the frozen Arctic tundra. Since 1979 she has shared her experiences with fellow photographers through workshops for zoos, nature centers, universities and organizations such as National Wildlife Federation. She has taught more than 200 programs in over 80 locations and writes "how to" articles for Outdoor Photographer and other national magazines. Her work has appeared in calendars, books, posters and magazines, and her first book on the Chincoteague National Wildlife Refuge was released in 2005.*

CULINARY ARTS

**HOW TO BOIL WATER**

Two Sessions \$125  
 Sundays, October 4 and 11  
 1:30 - 4:30 pm  
*Jerry Pellegrino*

Getting started in the kitchen can be an ominous task for the inexperienced cook. Chef Jerry Pellegrino of Corks Restaurant will put all of your fears to rest by discussing what tools are essential to the beginning cook and what the basic techniques are for making sauces, planning a menu and executing your first big dinner party. The course is designed for both the novice and the experienced cook who is looking to sharpen his/her skills in the kitchen.

The class will begin with a review of the basic equipment required to get started in the kitchen. Chef Pellegrino will illuminate you about the essential pots and pans and the required kitchen gadgets you'll need to prepare meals on a regular basis. You'll discuss what knives you should have and how to sharpen and care for them. A brief history of sauces and how they are classified will be presented before adjourning to the kitchen.

In the kitchen, Chef Pellegrino will demonstrate how to prepare six sauces that will elevate your cooking to a new level. You will learn how to prepare chicken and veal stocks along with Béchamel, Beurre Blanc, Aioli, a classic Vinaigrette, Demi-glace and Crème Anglaise. Recipes will be provided.

The second session will be devoted to preparing a three course meal using all of the skills learned in the first session. The common cooking techniques of braising, roasting, poaching, and sauté will be discussed. Then in the kitchen, the class will participate in preparing an appetizer of pan-fried halibut with silver queen corn salsa and citrus beurre blanc, an entrée of oven roasted medallions off beef with truffled yukon gold potatoes and wild mushroom demi-glace and a dessert of poached bosc pear with crème anglaise. Of course Chef Pellegrino will discuss pairing wines with each of these courses and provide the class with a taste of each of their creations and the recipes.

**NOTE:** Program will be hosted at Corks Restaurant, 1026 South Charles Street in the second floor teaching kitchen (not on the RPCS campus.)

*See Instructor bio next column.*

**CLASSIC FOOD AND WINE PAIRINGS**

**Lobster and Semillon**  
 One Session \$95  
 Thursday October 22  
 7:00 - 9:30 pm  
*Jerry Pellegrino*

It's funny how lobster has become one of the most coveted foods from the sea. At one point it was so plentiful that it inherited the name "rat of the ocean." No matter what name you give it, lobster is still delicious. Join Chef Pellegrino for an evening focused around this wonderful delicacy paired with the rich and exotic wines made from the Semillon grape. The class will work in the kitchen on two dishes, a cold lobster salad with lemon vinaigrette and blood orange beurre blanc and a savory lobster bread pudding while sipping on Bordeaux Blanc. We'll then spend some time tasting six different Semillons from around the world while we sample our creations. Recipes and tasting notes will be provided.

**NOTE:** Program will be hosted at Corks Restaurant, 1026 South Charles Street in the second floor teaching kitchen (not on the RPCS campus.)

*See Instructor bio below.*

**THE ART OF MAKING PASTA**

One Session \$55  
 Sunday, November 8  
 1:30 - 4:30 pm  
*Jerry Pellegrino*

Pasta, one of the most satisfying foods in the world, is rarely made at home fresh anymore. We typically buy the dried version in the store, which is a good substitute, but certainly different from its fresh counterpart. Join Chef Pellegrino for a hands on evening of making his favorite food. The class will make a variety of fresh pastas including spaghetti, herb scented fettuccini, wild mushroom pappardelle and goat cheese ravioli. We'll also make some of the classic sauces to accompany the fresh pasta and sip on a little Italian wine throughout the process. Recipes will be provided.

**NOTE:** Program will be hosted at Corks Restaurant, 1026 South Charles Street in the second floor teaching kitchen (not on the RPCS campus.)

*Executive Chef Jerry Pellegrino of Corks restaurant is fascinated by food and wine, and the way they work in harmony on the palate. His understanding of the two goes all the way to the molecular level, drawing on his advanced education in*



*molecular biology. His cuisine is simple and surprising, pairing unexpected ingredients together to work with Corks' extensive wine offerings. His restaurant is set in a quaint 1849 rowhouse in Baltimore's Historic Federal Hill and he has transformed it into what Baltimore Magazine called "a miniature utopia for wine lovers." But wine is just half of the equation. Corks is a restaurant where diners can be swept up in Chef Pellegrino's passion for food and wine and discover the distinctiveness of ingredients and the way they work together. Chef Pellegrino is a member of the local board for the American Institute of Wine and Food, Vice Chancellor Culinaire of the Baltimore Bailliage of the Chaine des Rotisseurs, certified by the Court of Master Sommeliers and often featured in cooking segments on local television. He is the co-host of WYPR's Radio Kitchen. Under his guidance, Corks has been named one of Baltimore's top 65 restaurants every year since opening in 1997 and has been given The Wine Spectator award of excellence.*

### THE ART OF MAKING BISCOTTI

One Session

\$60

Materials Fee: \$15

Tuesday, October 20

6:30 - 9:00 pm

Mary Lynn Allen

Making biscotti is easier than you think! In this hands-on class, you will learn how to make several variations of biscotti, as well as discover the history of this versatile Italian cookie. We will work on flavors such as double chocolate-ginger, anise, cranberry-pistachio and orange almond. This is a great class to take right before the holidays, as biscotti not only make wonderful additions to holiday cookie platters but also make excellent gifts.

**NOTE:** Materials fee is payable to Instructor on the day of the program.

See Instructor bio next column.

### ELEGANT TARTS

One Session

\$60

Materials Fee: \$20

Saturday, September 26

1:00 - 4:30 pm

Mary Lynn Allen

Learn how to make tarts as beautiful and delicious as those you see in artisan bakeries! In this class, you will learn how to make and roll buttery flakey crusts from scratch and fill it with pastry cream, lemon curd and chocolate ganache. You will also learn tips that will help you decorate tarts like a pro! This is a hands-on class, so come prepared to participate.

**NOTE:** Materials fee is payable to Instructor on the day of the program.

See Instructor bio below.

### AUTUMN PIES

One Session

\$60

Materials Fee: \$15

Saturday, November 7

1:00 - 4:30 pm

Mary Lynn Allen

Do you wish you could make a homemade pie just like your grandmother used to? If so, this is the class for you! Learn how to make and roll dough from scratch and fill your pies with the fruits and flavors of autumn. You will certainly impress your holiday guests this year with an old-fashioned homemade pie. In this hands-on class, we will work on pies such as apple, pear, pumpkin and pecan.

**NOTE:** Materials fee is payable to Instructor on the day of the program.



*Mary Lynn Allen has an eclectic background as both a French instructor and international educator with a not-so-secret passion for impeccable desserts and pastry. This passion led her to pursue a degree in baking and pastry from Johnson & Wales University in Providence, Rhode Island in 2007. Since then, she has returned to Baltimore to live, work, teach both private and community-based culinary classes and run her baking blog.*

**JAPANESE COOKING FOR THE WHOLE FAMILY**

Three one-session programs for you to choose from: \$75 per person per program

**Program 1: Okonomiyaki and Tonkatsu**  
Saturday, October 17

**Program 2: Korokke and Curry Rice**  
Saturday, November 14

**Program 3: Shabu Shabu and Onigiri**  
Saturday, December 12

11:00 am - 3:00 pm

*William Matsuzaki*

**Program 1: Okonomiyaki (Succulent Japanese Pancakes) and Tonkatsu (Fried Pork Cutlets)**

Okonomiyaki and Tonkatsu are very popular among Japanese for their wonderful flavors. Okonomiyaki is a mix between pizza and pancake. Various ingredients such as seafood, vegetables and meat can be mixed with the dough and placed on the okonomiyaki as topping. Tonkatsu are deep fried pork cutlets. Tonkatsu is usually served with shredded cabbage or on top of cooked rice (katsudon) or with Japanese style curry rice (katsu kare).

**Program 2: Korokke (Potato and beef croquettes) and Curry Rice**

Korokke and Curry Rice are very popular Japanese dishes that are eaten all year long. They are both easy to make and very economical. Korokke has its origins in the croquettes which were introduced to Japan in the 19th century. Korokke are breaded and deep fried, and come in many varieties depending on the filling. The most common filling is a mix of minced meat and mashed potatoes. Kare Raisu (Curry Rice) is cooked rice with a curry sauce. It can be served with additional toppings such as tonkatsu. Curry is not a native Japanese spice, but has been used in Japan for over a century.

**Program 3: Shabu Shabu (Japanese meat fondue) and Onigiri (Rice Balls)**

We will make one winter dish and one very versatile snack that is both healthy and delicious. Shabu Shabu is a Japanese style meat fondue. Thinly sliced meat, along with vegetables, mushrooms and tofu is dipped into a hot soup and then into ponzu (citrus) vinegar or a sesame sauce before being eaten. Onigiri are rice balls made of cooked rice and usually wrapped in nori seaweed. They often contain some additional food in the center, for example an umeboshi (pickled Japanese plum), katsubushi (dried bonito shavings), tuna or salmon.

**NOTE:** These programs are hosted on the RPCS campus.



*William Matsuzaki graduated from Carlton College with a B.A. in Japanese. He is currently pursuing a doctorate in education at Johns Hopkins University where he also earned a masters in education and a graduate certificate in administration and supervision. He is in his eleventh year as the middle school Japanese teacher at St. Paul's School where he also serves as the modern language chair.*

**CHAMPAGNE & SPARKLING WINE**

**One Session** \$70

**Wednesday, October 21**

**7:00 - 9:00 pm**

*Nelson Carey*

Learn what makes wine sparkle, how and where sparkling wines are made and how and when to serve them. Explore six great bubbles of Champagne, Cava, Prosecco, Australia and the USA. You may even see Nelson open a bottle with a saber! Glassware provided. Please bring a bottle of water to class.

*See Instructor bio below.*

**WINES FOR HOLIDAY MEALS**

**One Session** \$70

**Wednesday, November 11**

**7:00 - 9:00 pm**

*Nelson Carey*

What to serve with the "big dinner?" Turkey with all the trimmings, prime rib, leg of lamb? Multiple courses? Take away the pressure of wine selection! Learn which wines to serve on these special occasions to the delight of all your guests. This evening we'll taste six wines and accompanying snacks. Glassware provided. Please bring a bottle of sparkling water to the class.



*Nelson Carey is co-owner of Grand Cru, voted Baltimore's Best Wine bar in both Baltimore Magazine and the City Paper. Nelson's wine career spans 20 years in retail, restaurant and wholesale. He holds certificates from the court of Master Sommeliers and the Society of Wine Educators and loves helping others to get more out of the wine and food experience.*

## MIND, BODY & SOUL

### BALLROOM DANCING

Twelve sessions \$120

Wednesdays, September 23, 30, October 7, 14,

21, 28, November 4, 11, 18, December 2, 9, 16

*New Extended Session to accommodate the busy holiday season and add to your festivities!*

8:00 - 9:00 pm

*Lee and Christine Gedansky*

The holiday season will be here before you know it! Will you be ready to dance? Get ready for office and family holiday events, New Year's Eve Celebrations, weddings or just for the fun of it! Are you just starting out or dusting off those old moves? Social dancing will be fun and easy as you learn techniques of waltz, foxtrot, rumba, tango and more! Each session will feature two to three dances chosen by the instructor.

We are taking into account everyone's busier schedules by running a longer session. This allows you enough classes to get a solid working knowledge of the dances in time for the holidays, as well as time to catch up if you need to miss a class or two. The two hour holiday party will be held on December 16th, featuring lessons, open dancing and refreshments! You are invited to dress up and guests are welcome.

Students without partners are welcome, but please contact the instructor before registering. Anyone with questions about the program, please contact the instructors before registering.

**NOTE:** Two hour holiday party on December 16!

*See Instructors bio on page 41.*

### BELLY DANCING

Seven Sessions \$120

Materials Fee: \$30

Tuesdays, October 6, 13, 20, 27, November 3, 10, 17

7:00 - 8:00 pm

*Jeanne Robin-Enta*

Come explore the exciting world of Middle Eastern Dance! You will strengthen your body and lift your spirits as you learn the fundamentals of Egyptian bellydance. Enjoy a dance form that welcomes all women, regardless of age or body type.

The art of bellydance has been enjoyed for centuries in the Middle East and has only made its way to the U.S. in the last hundred years. Many women find the dance to be

liberating and a wonderful way to celebrate their femininity. Learn basic technique, isolations and choreography that will strengthen and tone muscles, improve posture and coordination and increase grace and fluidity.

**NOTE:** Materials fee is payable to the Instructor on the first evening of the program. Materials fee includes a hipscarf and CD of the music we will use in class. Wear comfortable, form-fitting clothes.



*Jeanne Robin-Enta has been studying, teaching and performing bellydance for seven years and has a very strong background in classical ballet.*

### EYES ON YOU: Hands-On Makeup Seminar

One Session \$40

Wednesday, October 7

6:00 - 7:30 pm

*Giella*

Haven't we all been to the cosmetics counter, had our makeup beautifully applied and thought "I wish I could do this at home." Here's your chance.

This course will teach you how to make up your eyes with eye shadow, eyeliner, and mascara. We will demonstrate how to hold the brushes, provide tips on keeping the eyeliner close to the lashes, curling your lashes and more. We will give you the brushes to hold, watch how you apply and blend eye shadow on your own eyes, and help you to finally recreate what the professionals do. Giella will analyze your three important dimensions of color depth, cast and intensity, taking into consideration your hair, eye and skin color, so the most suitable shades of color can be determined for you. You can bring your own brushes if you'd like, so we can help you decide if they are right for you. You will keep the eye shadow primer and one eye shadow that you use this evening, a \$44 value.



*Giella graduated with honors from the Fashion Institute of Technology in New York. As a color and makeup advisor, she looks at each individual objectively, recognizing that each woman is uniquely different. In addition to her work, Giella is an active member of the National Association for Female Executives and has completed her masters in business administration with concentration in marketing.*

**FIRST AID HOMEOPATHY**

One Session \$20

Monday, October 19

6:00 – 7:30 pm

*Jeanne Deignan-Kosmidis*

What is homeopathy? How can homeopathy help in everyday first aid treatment of cruises, stings, colds and flu, falls, dental work and more. Learn how to use homeopathy, as well as how to take a case and determine what remedy would be best.

*See Instructor bio below.*

**HEALING BENEFITS OF HONEY AND HONEYBEES**

One Session \$20

Monday, October 26

6:00 – 7:30 pm

*Jeanne Deignan-Kosmidis*

Why is honey recommended for healing by doctors, acupuncturists and other health practitioners? We will cover healing remedies using honey and honey recipes for cooking. Also, we will cover what is happening to the honeybee. This is a general overview of what the honeybee gives to us and how we can help the honeybee.



*Jeanne Deignan-Kosmidis holds a B.A. in Special Education and is the owner of Breath of Joy Healthy Living, LLC Yoga Teacher Training Programs and Workshops. She is a Kripalu*

*Yoga Teacher and an experienced Advanced Registered Yoga Teacher. Additionally, she is a Phoenix Rising Yoga Practitioner, Positive Pregnancy Fitness Instructor, Childbirth Assistant and Birth Doula. Jeanne is a lover of bees keeping bees and selling raw, natural, local honey and owns Organic Choice Co-op which sells a wide select of health and beauty products and foods. With almost 30 years experience in yoga, meditation, nutrition and alternative healing Jeanne brings a broad and unique quality of experience, knowledge and nurturing support to her workshops and Pregnancy Yoga Teacher Training Programs.*

**HAPPINESS 101**

Four Sessions \$80

Tuesdays, October 6, 13, 20, 27

6:00 – 8:00 pm

*Sue Borchardt*

Are you happy with your life? Are there skills you could learn that would make your life even more satisfying? The field of positive psychology has made substantial progress in understanding not only what it takes to be emotionally and mentally healthy, but more importantly what it takes to flourish. In this program we'll explore what makes a happy life, delving into the ways in which the wiring of our brains helps and hinders the pursuit of happiness as well as learning skills for maximizing our own personal happiness. We'll learn about the latest research on how hedonic pleasures, flow states, and the search for meaning combine to create life satisfaction. We will explore and develop personalized practices and skills to support participants in their ongoing cultivation of a satisfying and meaningful life. During the four week duration of the program, the development of community will be fostered, allowing participants to support each other in discovering their personal strengths, passions, and life purpose.



*Sue Borchardt is currently in graduate school studying the neuroscience of contemplative practices & human flourishing at Goddard College in*

*Vermont. Though she always assumed she would grow up to be an artist, her bachelor's degree was in electrical engineering. Following a 15 year career developing software, Borchardt quit in 2003 to travel in Asia, eventually becoming a yoga and meditation teacher. In addition to neuroscience and contemplative practices, Ms. Borchardt's interests include complex systems theory, learning sciences, creative processes, and embodied cognition.*

**HIP-HOP DANCE**

Seven Sessions \$100  
 Drop in fee \$15  
 Thursdays, September 17, 24, October 1, 8, 22, 29,  
 November 5  
 7:00 – 8:30 pm

*Sabrina Johnson Turner*

Hip-Hop Dance is more than just what is seen in music videos and more than what is done in dance clubs. It is a unique movement and modern dance style that breaks down demographic barriers and has transformed the dance world! This course will teach the basics of hip-hop dance, exploring various style favorites. Emphasis will be placed on learning universal dance vocabulary and improving hip-hop dance technique. Prior dance experience is helpful but not necessary. Beginners and all ages are welcome. The dance combinations will build on each other each week. Come to class dressed to dance (non-restrictive clothing and tennis shoes) and be prepared for a good workout in the process. You will have so much fun!



*RPCS alumna, Sabrina “The Specialist” Johnson Turner, 1998, has been dancing all her life. As a student at RPCS, she was one of the founding members of the Roses Repertory Dance Company, studying various dance techniques and performing mainly modern dance. It was at RPCS that she began her career as a choreographer, making her “specialty” creating pieces for dances of all abilities. At UMBC, Sabrina was a member of the Dance Team, a jazz and African dance student, and hip-hop choreographer/dancer. She attended graduate school at Vanderbilt University, taught hip-hop dance in the Vanderbilt Dance Program and various high schools in Tennessee, and co-founded VIBE, Vanderbilt’s premiere hip-hop dance crew. Currently, she is a third year law student at University of Maryland.*

**NIA – AN ABSOLUTELY PURE FUN WORKOUT!**

Six Sessions offered on your choice of  
 two occasions \$75  
 Drop in fee \$15  
 Program 1: Thursdays, September 17, 24, October  
 1, 8, 15, 22  
 Program 2: Thursdays, October 29, November 5,  
 12, 19, December 3, 10  
 6:00 – 7:00 pm

*Martha Thomas*

*“Hip wiggling gives way to precise martial arts attacks and buoyant free dancing segues into satisfying yoga stretches. By the hour’s end, Martha’s students are beaming and glistening with sweat. It’s been a challenging romp with a blend of aerobic, flexibility and strength training.”*

– Baltimore Sun

Come join the fun with this highly energetic exercise/dance program that is designed not only to keep you in shape, but will help you rediscover the joy of movement and being at home in your body. You will dance all the way back to your car! NIA is appropriate for all fitness levels and is adaptable to every age and type of body, even those with special limitations.



*Martha Thomas is a freelance journalist. She danced as a NIA student in New York City for a decade before moving to Baltimore. Finding no NIA here, she subsequently became a white belt NIA instructor and is determined to share NIA’s first principle: The Joy of Movement.*

**POWER HOUR**

Twelve Sessions \$250  
 Drop in fee \$30 per session  
 Thursdays, September 3, 10, 17, 24, October 1, 8, 15,  
 22, 29, November 5, 12, 19  
 6:30 – 7:30 pm

*Sean Donnemoyer*

Power Hour is a sports-inspired workout designed to improve your fitness through a variety of training methods. During this 60-minute session, you will be utilizing a variety of training methods including: strength training, cardio conditioning, balance and stability, core training, flexibility, athletic agility drills and plyometrics. These high-energy workouts are designed to challenge you and your traditional approach to exercise while improving your body composition, cardiovascular conditioning and strength.

**NOTE:** Designed for adults 18+.

*See Instructor bio on page 40.*

## PERSONAL TRAINING



Individualized training is available at RPCS! Arranged to suit all your fitness needs, you will meet with a certified specialist to develop a personalized program to help you reach your goals. Programs to fit any need, including but not limited to: weight loss, strength training, overall fitness, flexibility and stability, core training athletic preseason/off-season lifting, injury prevention and post-rehab strengthening. Individual and group sessions are available. **Please call Sean at 410-323-5500, ext 3105 to schedule your sessions – do NOT use the Kaleidoscope registration form for Personal Training.**

### COST:

- \$40 for individual 60-minute session
- \$25 per person for small group training (2-3 people) – 60-minute session
- \$15 per person for group training (4+ people) – 60-minute session



*Sean Donmoyer is the Fitness Center Coordinator and Strength Coach at RPCS. He holds a bachelor's degree in Exercise Science and is a Certified Strength and Conditioning Specialist. Sean has worked with athletes from all ages and abilities, ranging from eight year old rec-leaguers to professional athletes. He is committed to fitness and athletics and helping others realize their potential and achieve their goals.*

## ELEMENTS OF REFLEXOLOGY

Two Sessions \$150  
 Tuesday, September 29 and Thursday, October 1  
 5:30 – 9:30 pm

*Cecelia White*

What is reflexology? The answer is usually “foot massage.” But foot massage is only one dimension of this ancient healing art. In this workshop you will learn the history of reflexology, how to diagram the feet, relaxation techniques, five elements, foot analysis, acupoints and much more. Bring a friend and learn together how reflexology can be used to relax and restore the body.



*Cecelia White is a certified reflexologist trained at the Baltimore School of Reflexology and a member of the Maryland Reflexology Association.*

## SWING AND LATIN DANCE

Twelve sessions \$120  
 Wednesdays, September 23, 30, October 7, 14,  
 21, 28, November 4, 11, 18, December 2, 9, 16

***New Extended Session to accommodate the busy holiday season and add to your festivities!***  
 7:00 – 8:00 pm

*Lee and Christine Gedansky*

Learn the two most popular, fast-paced and versatile styles of social dancing – Swing and Latin! These are the dances you can go out and use on a weekly basis in Baltimore! If you are new to dancing or just freshening up your old moves, dancing is good exercise, and will be fun and easy as you learn techniques shared by the jitterbug (East Coast Swing), salsa, mambo, cha cha and meringue. Each session will feature two or three dances chosen by the instructor.

We are taking into account everyone's busier schedules, by running a longer session. This allows students enough classes to get a solid working knowledge of the dances in time for the holidays, as well as time to catch up if you miss a class. The two hour holiday party will be held on December 16, featuring lessons, open dancing and refreshments!

Students without partners are welcome, but please contact the instructor before registering. Anyone with questions about the program, please contact the instructors before registering.

**NOTE:** Two hour holiday party on December 16!



*Lee and Christine Gedansky started dancing 18 years ago in preparation for their wedding and have been dancing ever since. They have earned several gold medals for competition as well as Judges Choice, Top Student and Showcase Awards. In 2002 they started their own company, Beginning Ballroom, specializing in making social dance fun and easy for everyone. The Gedanskys can be seen teaching at public events around the city. They have been featured on Fox 45 Morning Show, WMAR-TV2 with Brian Wood, the Jewish Times, The Owings Mills Times, and the Hopkins Dome.*

### **TAP, TAPPINESE™ AND TAP STORIES**

Eight Sessions \$160

Thursday, September 3, 10, 17, October 1, 8, 22,  
29, November 5

6:30 - 8:00 pm

*Sylvia Botts*

Has it been your life long ambition to learn to tap dance? Have you always wanted to be a Rockette or dance like Fred and Ginger, Gene or maybe Savion? Here is your chance! Expand your mind with the newest language to help you learn, understand and remember tap dance steps, called Tappinese. Train your body to work like a musical instrument of energy and joy. Open your soul to the unique experience of tap dancing and unite your soul to a few of the best tap dancers in history by experiencing their signature styles, movements and steps. Join us in this tap dancing extravaganza and take steps toward making your dreams come true, getting into better shape and putting your best foot forward.

*Sylvia Botts is the Lower School dance instructor at Roland Park Country School.*

### **BEGINNER YOGA**

Six Sessions \$80

Wednesdays, October 7, 14, 21, 28, November 4, 11  
6:00 - 7:30 pm

*Sara Sheikh*

In this program you will be introduced to traditional hatha yoga, which combines breathing techniques, warm up exercises, postures and deep relaxation. Each week, you will progress slowly through selected postures and learn their benefits. By the end of the program, you will have a foundation in the system of yoga, developed by Swami Vishna Devanda of South India.

**NOTE:** Please bring a yoga mat for this class.



*Sara Sheikh is a certified Hatha Yoga Instructor. She graduated from the International Sivananda Yoga Center of Canada. Practicing yoga since 1996, she currently shares her love of yoga with students at the Baltimore Yoga Village, Baltimore Yoga for Youth, and in private homes throughout Baltimore. Sara believes that yoga is a remarkable tool for anyone who wants to increase one's overall state of health and well being.*

### **ALL LEVELS YOGA**

Six Sessions \$80

Tuesdays, October 6, 13, 20, 27, November 3, 17  
6:00 - 7:30 pm

*Anjali Sunita*

Our instructor guides you through a traditional hatha yoga practice which begins with an initial invocation, deep breathing exercises, therapeutic warm ups and sun salutations. Then you will learn a thorough sequence of steady postures, ending a long relaxing savasana. The class will repeat a similar sequence each week so that you have a chance to grow in the practice and develop a system for practicing at home. You are invited to do what you can each week in a class suitable for many levels of experience.

**NOTE:** Please bring a yoga mat for this class.



*RPCS alumna, Anjali Sunita, 1999 is a graduate of Oberlin College, certified to teach yoga through the Sivananda Yoga Dhanwantari Ashran in South India. She has taught in offices and private homes in North India, Canada and the U.S. In 2006 she began Baltimore Yoga for Youth, a project of the non-profit organization Fusion Partnerships, which brings yoga and meditation to schools, particularly in underserved areas of Baltimore City. She owns and directs the Baltimore Yoga Village, a family-oriented yoga and wellness center in Hampden as well as newly opened location in Mt. Washington.*

**ZUMBA FITNESS**

Eight Sessions \$120  
 Drop In Fee \$20  
 Tuesdays, September 22, 29, October 6, 13, 20, 27,  
 November 3, 10  
 7:00 – 8:00 pm

*Karen Norris*

Who knew that salsa could help you lose weight and tone up? Zumba, a wonderful high-energy fitness program that combines Latin dances and cardio vascular exercise, is becoming increasingly popular because clients say “it makes exercising fun!” The aerobics routine, which was developed in Columbia, South America draws from several Latin styles, including cumbia, meringue, salsa and mambo, while especially toning the abs and thighs. The program features fitness interval training, resistance training and easy-to-follow dance steps.

*Karen Norris has been dancing for over 35 years, including ballroom, latin, tap, jazz and country dance. She has competed in the country dance venue, winning several local and national awards. Her experience also includes over ten years of coaching and choreographing various cheerleading/dance teams for performances and competition. Karen is certified in Zumba Fitness and currently teaches Zumba at A Step Head Dance Center.*

**CHILDREN/FAMILY MATTERS****BABY SITTER TRAINING**

One Session \$135  
 Saturday, November 7  
 9:30 am – 4:30 pm

(For girls and boys ages 11 – 15)

*American Red Cross*

We are once again offering this very popular course. Babysitting is a great way for young people to earn money. A trained babysitter is a real find for parents of young children. Students will learn how to interview for a job and market themselves safely, perform basic are routines such as diapering, feeding and dressing infants and children, render first aid including how to respond effectively to life-threatening situations and choose safe and age-appropriate activities and toys. There are lots of hands-on in this popular course, and *The Babysitters' Handbook*, which is included, will provide on-the-job support for years to come. You will receive an American Red Cross certificate upon completion of the course.

**NOTE:** Please bring a lunch and drink with you.



**American  
Red Cross**

*The American  
Red Cross provides  
health and safety*

*training to the public in addition to helping people prevent, prepare and respond to various emergencies. These courses are designed to help each student learn valuable skills and practical information.*

**DRIVER'S EDUCATION**

Ten Sessions

\$385

Saturdays and Sundays

October 10, 11, 17, 18, 24, 25, 31, November 1, 7, 8

1:00 - 4:15 pm

(For young people ages 15 - 18)

*Patrick Francis*

Learning to drive is one of the most exciting milestones of a teenager's life – but safe driving must be taught. Our highly qualified instructor from Roland Park Driving School will teach automotive skills in the classroom and behind the wheel. There will be 30 hours of class time at RPCS and six hours on the road. Behind-the-wheel time will be scheduled directly with Mr. Francis at the conclusion of the classroom part of the program. A learner's permit is required for the driving portion of the program, and you must be 15 years old to take this class and 15 years 9 months to take the test to get a learner's permit. Arrangements may be made with students living in the local area to be picked up from your home or school for the behind-the-wheel portion of the program.

**NOTE:** Please bring a notebook, pen and drink to class with you each day.



*Before starting Roland Park Driving School, Patrick Francis worked for years in the driver's education business. He also offers classes on the effects of alcohol on driving and driving improvement courses at his Rotunda location. His calm, patient manner with students in the car has helped hundreds of students obtain their driver's license.*

**DEFENDERS DAY: The Star-Spangled Banner Weekend**

Friday, Saturday and

Sunday, September 11, 12 and 13

No fee



Join with friends for Fort McHenry's flagship event! This three-day encampment and extravaganza is celebrated with over 100 War of 1812 re-enactors, parades, military bands, fireworks, a symbolic ship-to-shore bombardment and much more!

The Star-Spangled Banner Weekend honors Defenders' Day, Baltimore's oldest holiday commemorating the bombardment of Fort McHenry and the writing of The Star-Spangled Banner. Events begin with a Friday evening ceremonial procession of War of 1812 "soldiers" from the Star-Spangled Banner Flag House to the Inner Harbor, followed by a ceremony at the amphitheater. After the ceremony, the re-enactors will board sailing boats and return with the 30' x 42' replica flat to Fort McHenry. Saturday and Sunday activities include children's programs, historic boats, military encampments/demonstrations and a "privateer's auction" of "captured goods." Saturday evening's program beginning at 6:00 p.m. features a concert, a musket firing tactical demonstration with volunteer re-enactors from all over the country (narrated), a symbolic ship-to-shore mock bombardment and evening fireworks show. Bring your own picnic. Enjoy all three days of fun or choose the portions your family will enjoy most. Don't miss this wonderful patriotic Baltimore celebration!

**NOTE:** There is no need to register for this program. Transportation is on your own. Call Fort McHenry for a detailed schedule of events.

**SEPTEMBER**

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

**OCTOBER**

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

**NOVEMBER**

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

**DECEMBER**

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

**MONDAYS**

Art of Drawing  
 Clay Workshop  
 Computers for the Absolute Beginner I  
 Computers for the Absolute Beginner II  
 Create a One-of-a-Kind Quilted Jacket  
 Digital Music Basics  
 First Aid Homeopathy  
 Great Books in the Afternoon  
 Healing Benefits of Honeybees  
 History of Baltimore City, Part I  
 Hollywood Sings: The Stories Behind  
     Oscar-Nominated Songs  
 It's Only Rock 'N Roll and I Like It  
 Nantucket Baskets Guild  
 Perennial Pleasures  
 Silver Lining  
 To Web or Not To Web...That is the Question  
 Understanding Digital Photography

**TUESDAYS**

All Levels Yoga  
 Art of Making Biscotti  
 Belly Dancing  
 Computers for the Absolute Beginner I  
 Computers for the Absolute Beginner II  
 Digital Darkroom  
 Digital Photo Basics  
 Girls Night Out: Hand Painted Glasses  
 Girls Night Out: Painting and Framing  
 Great Books  
 Happiness 101  
 How to Buy a Computer  
 Let's Visit the Wonderful Big Band Era  
*Life Is Friends*  
 Nantucket Baskets 101  
 Photo Journey Around the World  
 Reflexology  
 Take Charge of Your Money  
 Zumba

**WEDNESDAYS**

Ballroom Dancing  
 Baltimore Green Mapping  
 Baltimore's Stream Valleys  
 Beginning Arabic - Continuation Course  
 Beginning Italian  
 Beginner Yoga  
 Champagne & Sparking Wine  
 Creative Relating  
 Design and Techniques for Making Beaded Jewelry  
*Eiffel's Tower*  
 Eyes on You: Hands On Makeup Seminar

**WEDNESDAYS (cont.)**

Get Everything Done Without Spending A Dime  
 Getting the Last Word - How to Write  
     Your Own Obituary  
 Holistic Health for Animals  
 Introduction to Playing the Appalachian Fiddle  
 Introduction to Playing the Hammered Dulcimer  
 Jane Austen: The Writer and Her World  
 Mingle, Mingle  
 Nantucket Baskets 102  
 Retirement Communities - Unraveling the Confusion  
 Swing and Latin Dancing  
 Wines for Holiday Meals

**THURSDAYS**

Crane Lecture: P.M. Forni  
 Art of Painting  
 Basic Clothing Alterations  
 Beginning Arabic  
 Beginning Chinese  
 Classic food and Wine Pairings  
 Designing Monticello  
 Estate and Tax Considerations for Same-Sex Couples  
 Hip-Hop Dance  
 Immigration: What We All Should Know  
 Latin America and the United States  
 Legendary A. Aubrey Bodine  
 Midlife Intimacy and Relationships  
 Mystery of Edgar Allan Poe  
 Napoleon Bonaparte: The Man and the Era  
     That Bears His Name  
 NIA  
 Power Hour  
*Spirit of Place - Baltimore's Favorite Spaces*  
 Tap

**SATURDAYS**

Advanced Mirror Art  
 Autumn Pies  
 Baby Sitter Training  
 Create Your Life's Second Act  
 Driver's Education  
 Elegant Tarts  
 Japanese Cooking  
 Mirror Art  
 Quilting for Beginners  
 The Supreme Court  
 Understanding and Appreciating African Art

**SUNDAYS**

Art of Making Pasta  
 How To Boil Water

### REGISTRATION

Registrations are processed on a first-received basis. Since class sizes are limited, prompt registration is recommended to avoid disappointment. To register, send the attached form with a check made payable to *Roland Park Country School*, or provide us with your credit card information. Additionally, please list the program(s) you are registering for in the memo section of your check. FULL PAYMENT IS REQUIRED AT THE TIME OF REGISTRATION UNLESS OTHERWISE NOTED. Course confirmation is provided upon registration.

### CANCELLATIONS

RPCS reserves the right to cancel or adjust any program that does not meet the minimum designated enrollment. *Kaleidoscope* programs will be postponed or cancelled whenever RPCS closes early or closes for the day for inclement weather. Programs will be held when school opens late. When feasible, an alternate date will be scheduled for the cancelled class. Please be sure to call the School at 410-323-5500, ext. 3045 for information regarding all program changes.

**NOTE:** RPCS does not follow the same closing policies as the Baltimore City Schools.

### REFUNDS AND FEES

A full refund will be made when a program is cancelled, unless otherwise noted.

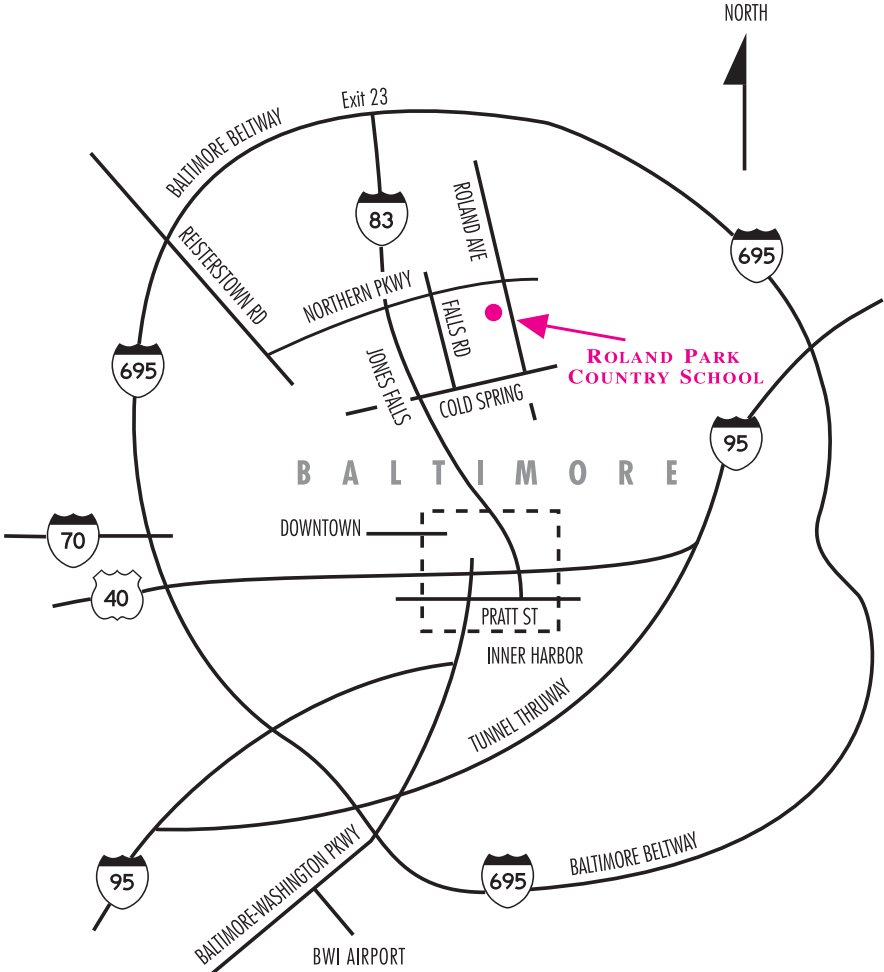
Refunds - less a \$15 charge for handling - will be given for cancellations up to two weeks before the beginning of a program. There will be no refunds for cancellations within two weeks of the start of a program. Please note that some programs may have special cancellation policies. A \$25 fee will be assessed if a check is returned by the bank.

### CLASS LOCATIONS

Please enter through the main reception entrance, which is near the flag pole. Room assignments for programs will be posted in the Harris Center main reception area on the first meeting of class. Please sign in on arrival.

### PARKING

Free parking is available on the RPCS well-lit parking lot and on streets surrounding the campus. Please note, however, that numbered parking spaces on campus are reserved for employee use only, Monday through Friday from 7:30 am until 5:00 pm. After 5:00 pm, you may choose any space. Handicap use spaces are marked.





## REGISTRATION FORM

Please Print:

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone (Home) \_\_\_\_\_ (Work) \_\_\_\_\_

Email Address \_\_\_\_\_

(To be used only for class confirmation)

Age of registrant if under 18 \_\_\_\_\_ Birthdate \_\_\_\_\_

Course Title	Program # (if applicable)	Cost
10% Discount on your fourth on-campus program		
10% Discount for on-campus programs if registration is received by September 1, 2009		
<b>TOTAL COST</b>		

**\*Materials fees are paid to the Instructor on the first meeting of class.**

Please mail this form with payment to:

**Roland Park Country School**  
**Office of External Programs**  
**5204 Roland Avenue**  
**Baltimore, Maryland 21210**

**FORM OF PAYMENT**

Check    Credit Card:  MasterCard     VISA

Name on Card \_\_\_\_\_

Credit Card # \_\_\_\_\_

Date of Exp. \_\_\_\_\_

Signature \_\_\_\_\_